

dōTERRA®



PRODUCT GUIDE | *FALL 2019*



—*Changing the world*
One drop, One person,
One community *at a time.*

dōTERRA *Meaning “Gift of the Earth”*

In 2008, a group of health-care and business professionals came together with a common vision of sharing the power of high quality essential oils with the world. Each understood that essential oils, when properly sourced from optimal regions and thoroughly tested for the highest-levels of purity and potency, are the Earth's gift to humanity. With this gift comes great responsibility to respect the power of each element, the expertise of each grower, and the potential of each contributing community.

dōTERRA focuses on maintaining the highest levels of purity and sustainability as it partners with local growers around the world through Cō-Impact Sourcing®. This unique model implements long-term, mutually beneficial supplier partnerships where skilled rural farmers oversee plants and growing environments. In return, dōTERRA provides jobs with fair payments, leading to stronger local economies and healthier, stable supply chains.

Each dōTERRA essential oil passes through rigorous CPTG Certified Pure Tested Grade® testing guided by cutting-edge advancements in essential oil research and testing implementation. dōTERRA benefits from the ever-increasing knowledge and expertise of science experts made up of global consultants in chemistry, microbiology, botany, research science, physiology, and nutritional science.

Since its beginning, independent Wellness Advocates have shared the life-enhancing benefits of dōTERRA CPTG® essential oils with millions of customers throughout the world.

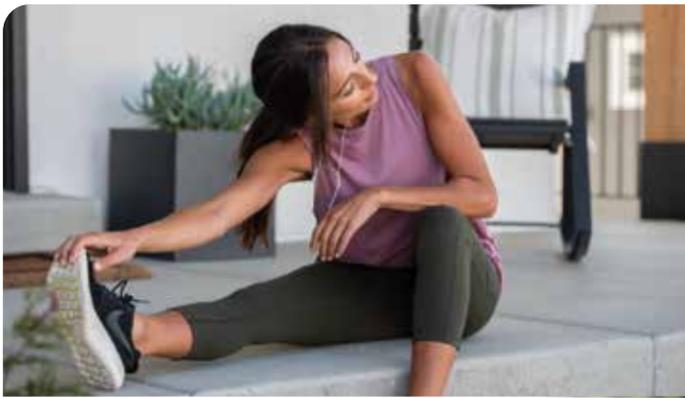
dōTERRA has emerged as a global integrative wellness company and the world's largest essential oil company*. By partnering with respected experts and world-renowned research partners, dōTERRA is revolutionizing self-care with alternative approaches to address individualized wellness.

To ensure that dōTERRA never forgets the sacredness of this gift, dōTERRA Healing Hands Foundation™ offers resources and tools to global sourcing communities and charitable organizations for self-reliance, healthcare, education, sanitation, and the fight against human trafficking.

We respectfully offer this "gift of the Earth" to you and your family.

* Verified global market leader in the Global Aromatherapy and Essential Oils market.

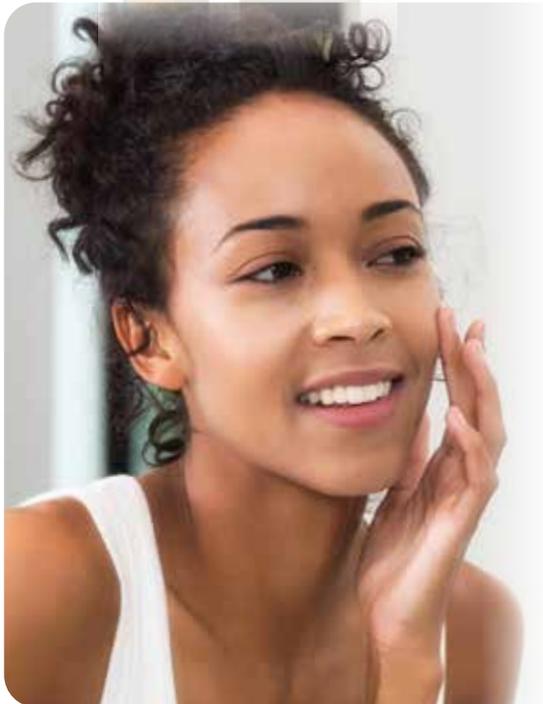




Black Spruce
PAGE 13



Adaptiv™
PAGE 38



Yarrow|Pom
PAGE 25

CONTENTS

6	<i>What Are Essential Oils?</i>	70	<i>dōTERRA Essential Aromatics® Touch</i>
7	<i>CPTG Certified Pure Tested Grade®</i>	74	<i>Collections Quick Reference</i>
8	<i>Essential Oil Uses</i>	78	<i>Diffusers</i>
10	<i>Where to Begin</i>	80	<i>Deep Blue®</i>
12	<i>Essential Oil Singles</i>	82	<i>On Guard®</i>
26	<i>dōTERRA Touch® Florals</i>	85	<i>Deodorant</i>
28	<i>Single Oils Quick Reference</i>	86	<i>Correct-X®</i>
30	<i>Essential Oil Blends</i>	88	<i>Baby</i>
38	<i>Adaptiv™</i>	90	<i>Essential Skin Care</i>
40	<i>Oil Blends Quick Reference</i>	94	<i>Veráge®</i>
50	<i>Family Essentials Collection</i>	96	<i>HD Clean®</i>
54	<i>AromaTouch® Technique</i>	98	<i>Hair Care</i>
56	<i>Essential Aromatics Collection</i>	102	<i>Spa</i>
60	<i>Yoga Collection</i>	106	<i>dōTERRA Healing Hands Foundation™</i>
62	<i>Kids Collection</i>	108	<i>Supplements</i>
66	<i>dōTERRA Touch® Collection</i>		

dōTERRA KIDS COLLECTION PAGE 62



TO ORDER: [doterra.com /CA/en](http://doterra.com/CA/en) 1-800-411-8151





What are **ESSENTIAL OILS?**

Essential oils are natural aromatic compounds found in the seeds, bark, stems, roots, flowers, and other parts of plants. They can be both beautifully and powerfully fragrant. If you have ever enjoyed the gift of a rose, a walk by a field of lavender, or the smell of freshly cut mint, you have experienced the aromatic qualities of essential oils. Yet the use of essential oils goes well beyond their fragrant appeal.

Essential oils have been used throughout history in many cultures. Modern trends toward more holistic approaches to self care and growing scientific validation of alternative health practices are driving a rediscovery of the profound benefits of essential oils. Many have powerful cleansing properties. Their unique chemical structure allows them to deliver targeted benefits through topical application. Certain oils may be used to promote well-being.

Extraction Methods

Essential oils are most often extracted via a low-heat steam distillation process in which steam is circulated under pressure through plant material, liberating the essential oils into the steam. As the steam mixture cools, the water and oils are separated and the oil is collected in its pure form. To ensure the highest quality oil extract of correct chemical composition, temperature and pressure must be monitored very closely. Too little heat and pressure will not release the valuable oil; too much can fracture an extract's delicate chemical composition and alter its potency.

Equally important to the carefully controlled extraction process, the meticulous selection of correct plant species and plant parts harvested at the perfect moment when their essential oil compounds are most concentrated, is also required for a quality essential oil extract. This complex process is as much an art form as it is a science and requires experienced growers and distillers working together to ensure a superior product.





CPTG Certified Pure Tested Grade®

dōTERRA® CPTG Certified Pure Tested Grade essential oils are pure aromatic compounds carefully extracted from plants. They do not contain fillers or artificial ingredients that would dilute their active qualities, and are free of contaminants or other chemical residues.

As important as it is to keep contaminants out of dōTERRA oils, assuring the presence of the oils' active compounds at the right levels is necessary to guarantee safety and effectiveness. Many oils claim to be therapeutic grade, and some may be pure, but few are subjected to rigorous testing standards for chemical composition. dōTERRA CPTG® essential oils are cross-tested using Mass Spectrometry and Gas Chromatography to ensure both the extract purity and composition potency of each batch.

dōTERRA works closely with a global network of leading essential oil chemists and growers to select botanicals of the correct species, grown in the ideal environments, and carefully harvested at the right time. The aromatic compounds of the plants are skillfully extracted by experienced distillers and subjected to chemical analysis to ensure purity and composition.



Equally stringent standards of safety and efficacy are applied to all dōTERRA Essential Wellness products. Guided by a Scientific Advisory Board, dōTERRA uses only top development and manufacturing partners who maintain good manufacturing practices and enjoy industry reputation for superior innovation and quality. Each dōTERRA product is guaranteed to exceed customer satisfaction and performance expectations.



ESSENTIAL OIL USES

Essential oils are used for a very wide range of internal and topical applications. They can be used singly or in complex blends depending on user experience and desired benefit. Essential oils are usually administered by one of three methods: diffused aromatically, applied topically to the skin, or taken internally as a flavoring to add to foods and drinks. Using essential oils can be both profoundly simple and life changing at the same time. Working with someone who has used essential oils before will help first-time users have a more beneficial and enjoyable experience.

Essential oils are powerfully concentrated and should be used with care. Be sure to use only pure, CPTG® essential oils and follow all label warnings and instructions. Essential oils should never be used in the eyes or inside the ear canal. If redness or irritation occurs when using essential oils topically, simply apply a vegetable oil such as fractionated coconut oil to the affected area — water will not dilute essential oils. Consult your physician before using essential oils if you are pregnant or under a doctor's care

**APPLICATION
METHODS**

- A Can be used aromatically
- T Can be used topically
- I Can be used internally

**SKIN
SENSITIVITY**

- N Can be used topically with no dilution (NEAT)
- S Dilute for young or sensitive skin (SENSITIVE)
- D Dilute before using topically (DILUTE)

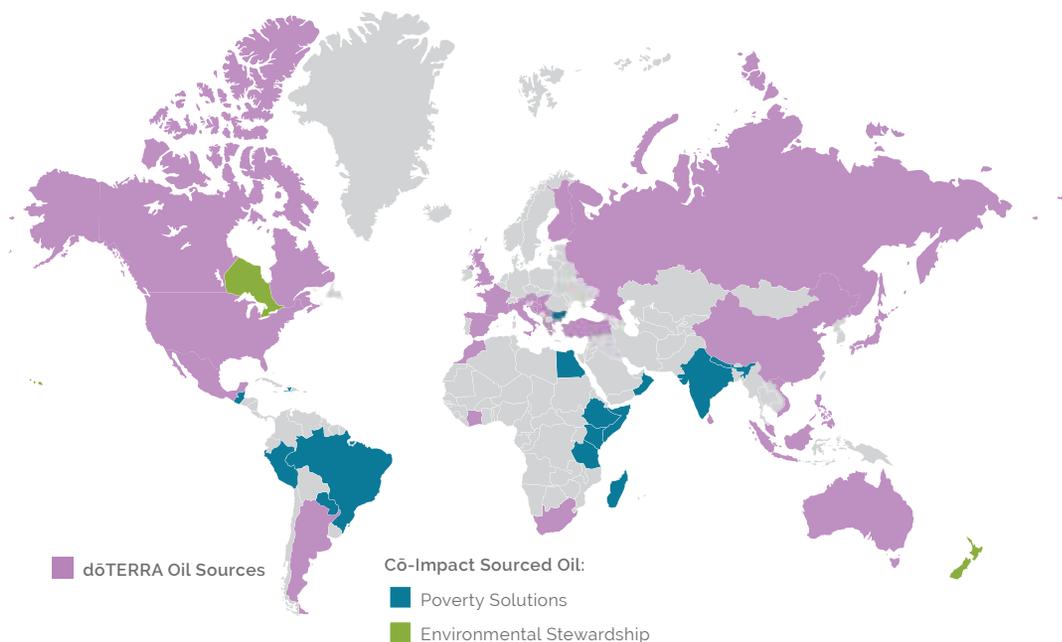
Look for the above symbols by the essential oil product descriptions in this product guide to help you with your oil selection. Use instructions and appropriate cautions included on individual essential oil labels.

Please note, some products can be used in multiple ways.

The dōTERRA® network of botanical growers and distillers spans the globe from Italy to Madagascar, Argentina to New Zealand. Only the purest and most potent essential oils meet our strict CPTG Certified Pure Tested Grade® standards. Accept nothing less from your wellness professional or for your family.

As dōTERRA searches the world for sources of the highest quality oils, we are also committed to building relationships that last and benefit our growers. We accomplish this by adhering to our Sourcing Guiding Principles.

Over half of the countries that dōTERRA sources its more than 130 oils from are considered developing countries. Through Cō-Impact Sourcing®, dōTERRA is lifting communities in these areas out of poverty and disadvantage by providing long-term, mutually beneficial supplier partnerships with sustainable jobs and reliable income.



Where to BEGIN

Using essential oils is intuitively simple and highly satisfying. However, the amount of oils available with their numberless combinations and wellness applications can be a bit overwhelming to beginners. As a simple first step on your journey with essential oils, we recommend a trio of Lavender, Lemon, and Peppermint. As three of our most popular oils, they will provide you and your family a compelling experience with the life-enhancing properties of CPTG® oils.



Introduction to Essential Oils Kit Top Seller!

Perfect for beginners, the Introduction to Essential Oils Collection is everything you need to get started experiencing immediately the life-changing benefits of dōTERRA® essential oils. The collection includes:

- Lavender essential oil (5 mL bottle)
- Lemon essential oil (5 mL bottle)
- Peppermint essential oil (5 mL bottle)
- List of suggested uses for each oil

60203914	Three 5 mL bottles
\$36.00 retail	\$27.00 wholesale 17 PV

LAVENDER *Lavandula angustifolia*

COSMETIC USES:

- Apply one drop to moisturizer to soothe dry skin
- Add to shampoo to help keep hair looking thick and healthy
- Combine with Fractionated Coconut Oil and apply for a soothing aroma
- Apply to bottom of feet before bedtime for a relaxing scent that promotes a peaceful sleep

FOOD USES:

- Combine with Lemon and honey in warm water for a relaxing tea

HOUSEHOLD USES:

- Diffuse Lavender before bedtime for a relaxing aroma
- Freshen linen closet, mattress, or air with a light mist of Lavender combined with water in a spray bottle



LEMON *Citrus limon*

COSMETIC USES:

- Add to hand soap to help eliminate grease after working on a car or bike
- Incorporate into skin care routine to give complexion a refreshed, healthy-looking glow
- Combine with baking soda and coconut oil, rub on teeth for two minutes, and rinse for a brightening effect

FOOD USES:

- Add two drops to water for a thirst-quenching flavor
- Use in favorite dessert recipes for a refreshing citrus flavor

HOUSEHOLD USES:

- Diffuse to neutralize unpleasant odors
- Place a few drops of Lemon on a rag to help remove stubborn, sticky residue
- Add to a spray bottle of water to clean tables, counter tops, and other surfaces



PEPPERMINT *Mentha piperita*

COSMETIC USES:

- Massage into neck and shoulders for a refreshing aroma
- Add to shampoo or conditioner for a stimulating hair massage
- Add to cold water compress or foot bath to cool off when overheated
- Dilute with Fractionated Coconut Oil and apply after exercise for a refreshing feeling

FOOD USES:

- Add one or two drops to a favorite smoothie recipe for a refreshing twist

HOUSEHOLD USES:

- Place Peppermint in a spray bottle and spritz around windows and doors
- Diffuse five drops Peppermint oil for an energizing aroma



APPLICATION METHODS

A Can be used aromatically **T** Can be used topically **I** Can be used internally

SKIN SENSITIVITY

N Can be used topically with no dilution (NEAT) **S** Dilute for young or sensitive skin (SENSITIVE) **D** Dilute before using topically (DILUTE)

ESSENTIAL OIL SINGLES

Taken from some of nature's purest sources on earth, the dōTERRA® essential oil singles aim to bring the potency and simplicity of nature straight into your home. Each dōTERRA® single oil has its own unique chemistry and aroma, giving it an exclusive set of benefits for the user. No matter your needs or your preferences, the variety of oils and their uses makes it easy to find a dōTERRA essential oil that provides nature's solution to many of your everyday problems.

Arborvitae

ESSENTIAL OIL

Thuja plicata

Known as the "tree of life" for its exceptional preserving properties, Arborvitae essential oil acts as a powerful cleansing agent for the skin.

COSMETIC USES:

- Add to skin care routine for its cleansing benefits
- Apply to the bottom of feet to promote a grounding and calming effect



49361713	5 mL bottle
\$37.67 retail	\$28.25 wholesale 23.5 PV

Basil

ESSENTIAL OIL

Ocimum basilicum

A truly versatile oil, Basil is known for its soothing aroma and for providing a cooling sensation to the skin. Basil adds flavor to a variety of dishes and is a helpful addition to any essential oil collection.

COSMETIC USES:

- Apply topically during warm weather for a cooling sensation

FOOD USES:

- Infuse olive oil with Basil for an Italian bread dip

HOUSEHOLD USES:

- Diffuse for a relaxing fragrance while studying, reading, or finalizing a project



30011813	15 mL bottle
\$41.00 retail	\$30.75 wholesale 25.5 PV

Bergamot

ESSENTIAL OIL

Citrus bergamia

One of the most unique citrus oils, Bergamot produces a calming and uplifting aroma simultaneously, making it ideal for soothing the soul. Like other citrus oils, it possesses significant cleansing properties and a pleasant aroma.

COSMETIC USES:

- Add one drop to a nighttime skin care routine for its skin-cleansing benefits

FOOD USES:

- Add to desserts for a unique citrus flavor

HOUSEHOLD USES:

- Diffuse for a relaxing aroma before bed



30791813	15 mL bottle
\$51.33 retail	\$38.50 wholesale 32 PV

*See Natural Health Products (pg. 42) for the NHP version.



Black Pepper

ESSENTIAL OIL

Piper nigrum

Most popularly known for its use in the kitchen, Black Pepper essential oil adds a burst of flavor to meals, and can be taken internally or used aromatically for a variety of benefits.

COSMETIC USES:

- Apply to palms and inhale directly for an energizing aroma

FOOD USES:

- Add to meats, soups, entrees, and salads to enhance food flavor



41041813	5 mL bottle
\$37.67 retail	\$28.25 wholesale 23.5 PV

Blue Tansy

ESSENTIAL OIL

Tanacetum annuum

Blue Tansy's name is partly derived from its vivid shade of blue. Blue Tansy has a sweet, warm, calming aroma and can be beneficial to the skin, mind, and body. Blue Tansy should be diluted to minimize potential staining.

COSMETIC USES:

- Add one drop to favorite moisturizer and apply to skin for its skin-soothing benefits

HOUSEHOLD USES:

- Diffuse during changing seasons to create a calming environment



60203634	5 mL bottle
\$145.33 retail	\$109.00 wholesale 85 PV

Black Spruce New!

ESSENTIAL OIL

Picea mariana

Sourced in Canada, Black Spruce is distilled from the needles and branches of the small coniferous tree *Picea mariana*. From aromatic to topical use, Black Spruce is invigorating to the senses. Black Spruce can soothe the skin after a long day or provide a grounding aroma during your busy schedule. No matter how you use it, Black Spruce's diverse benefits are a must-have for daily use.

COSMETIC USES:

- Add to carrier oil and massage into problem areas for a soothing massage

HOUSEHOLD USES:

- Diffuse three to four drops for a grounding, energizing aroma



60209144	5 mL bottle
\$30.67 retail	\$23.00 wholesale 19 PV



Cardamom

ESSENTIAL OIL

Elettaria cardamomum

Often used to flavor food and beverages, Cardamom essential oil is useful in the kitchen and can also promote a calming, relaxing aroma.

COSMETIC USES:

- Apply to chest and inhale deeply for an energizing aroma

FOOD USES:

- Add to homemade chocolate for a unique flavor profile

HOUSEHOLD USES:

- Diffuse for a clearing, refreshing aroma that will brighten any day



49351813	5 mL bottle	
\$44.33 retail	\$33.25 wholesale	27.5 PV

*See Natural Health Products (pg. 42) for the NHP version.

Cassia

ESSENTIAL OIL

Cinnamomum cassia

Known as a warming oil, Cassia is a close relative of cinnamon. With a soothing and spicy scent, Cassia holds unique advantages for the body and mind.

COSMETIC USES:

- Apply to back of neck for a calming aroma
- Combine with Fractionated Coconut Oil and massage into muscles for a warming sensation

FOOD USES:

- Place a drop of Cassia in water to support hydration while outdoors



30021813	15 mL bottle	
\$32.33 retail	\$24.25 wholesale	20 PV

Cedarwood

ESSENTIAL OIL

Juniperus virginiana

Cedarwood emits a warm and woody aroma that inspires feelings of wellness and vitality, and is often used in a relaxing, soothing massage.

COSMETIC USES:

- Add to a warm bath to promote a relaxing environment
- Improve the appearance of skin imperfections by directly applying one drop to area of concern



49301713	15 mL bottle	
\$22.33 retail	\$16.75 wholesale	14 PV





Celery Seed New!

ESSENTIAL OIL

Apium graveolens

Sourced from the celery plant, the warm aroma of Celery Seed essential oil is an excellent way to create a relaxing and uplifting aromatic experience. Along with its subtly sweet aroma, Celery Seed includes chemical components with cleansing and invigorating qualities. Apply Celery Seed topically, experience it aromatically, or use it to flavor your food to experience all the benefits of this powerful seed!

COSMETIC USES:

- Massage into stomach for a soothing abdominal massage

FOOD USES:

- Add a few drops to your favorite drink or smoothie for a refreshing taste



60210109	15 mL bottle	
\$61.67 retail	\$46.25 wholesale	38 PV

Cilantro

ESSENTIAL OIL

Coriandrum sativum

Applied topically, Cilantro is very soothing and cooling to the skin, and it adds a fresh, herbal aroma to any essential oil blend when diffused. Cilantro's culinary uses are endless, adding a flavorful twist to meats, salads, and dips.

COSMETIC USES:

- Apply topically to fingernails and toenails to keep them looking clean and healthy

FOOD USES:

- Add to dips, salsa, and guacamole for a fresh, herbal flavor



41851813	15 mL bottle	
\$44.33 retail	\$33.25 wholesale	27.5 PV



dōTERRA
cō·impact
SOURCING

Cō-Impact Sourcing supports both local farmers and the environment by seeking ways to minimize our impact through better farming practices.

Jasmine blossoms are harvested near Cairo, Egypt during the pre-dawn hours when oils are most potent.

Cinnamon Bark

ESSENTIAL OIL

Cinnamomum zeylanicum

Taken from fragrant tree bark, Cinnamon Bark essential oil has noteworthy cleansing properties and a warming, spicy aroma.

COSMETIC USES:

- Dilute with Fractionated Coconut Oil and use in a warming massage

FOOD USES:

- Use in place of dry cinnamon in recipes for a delightfully, spicy flavor



30031813	5 mL bottle	
\$41.00 retail	\$30.75 wholesale	25.5 PV

Citronella New!

ESSENTIAL OIL

Cymbopogon winterianus

From the tall leafy grasses of Asia, Citronella essential oil has a crisp, fresh aroma with versatile uses. Citronella oil is an ideal adventure-companion for camping, hiking, and enjoying the great outdoors with its natural, herbaceous aroma.

COSMETIC USES:

- Apply to arms and legs for an enjoyable indoor and outdoor scent

FOOD USES:

- Diffuse in your home on sunny days for a pleasant herbal aroma



60209658	15 mL bottle	
\$30.67 retail	\$23.00 wholesale	19 PV

Clary Sage

ESSENTIAL OIL

Salvia sclarea

See page 44 for uses and benefits.

Clove Bud

ESSENTIAL OIL

Eugenia caryophyllata

The warming and cleansing characteristics of Clove Bud make this energizing, stimulating oil useful in massage, diffusion, and as a cooking spice.

COSMETIC USES:

- Dilute with Fractionated Coconut Oil and apply topically for a soothing massage
- Place one drop of Clove in two ounces of water and gargle for a fresh mouth rinse

FOOD USES:

- Use in place of dry clove in your baking recipes to add a spicy flavor



30041813	15 mL bottle	
\$27.33 retail	\$20.50 wholesale	17 PV

*See Natural Health Products (pg. 44) for the NHP version.

Copaiba

ESSENTIAL OIL

Copaifera reticulata, officinalis, coriacea, and langsdorffii

Copaiba essential oil is derived from the resin of the copaiba tree. Copaiba oil is widely used in cosmetic products and perfumes and has a woody, spicy aroma.

COSMETIC USES:

- Massage into hands, wrists, and elbows for a soothing and moisturizing effect

HOUSEHOLD USES:

- Diffuse for an energizing aroma during daily activity



60202899	15 mL bottle	
\$60.00 retail	\$45.00 wholesale	37 PV



Coriander

ESSENTIAL OIL

Coriandrum sativum

With a fresh, herbaceous aroma, Coriander can be soothing to the mind and body and helpful for the skin. Coriander oil is as unique as it is useful.

COSMETIC USES:

- Apply Coriander to legs for a soothing massage after a short workout
- Combine with Fractionated Coconut Oil and massage into skin for a soothing effect

FOOD USES:

- Add one drop to curry recipes for an extra boost in flavor



30781813	15 mL bottle
\$42.67 retail	\$32.00 wholesale 26.5 PV

Cypress

ESSENTIAL OIL

Cupressus sempervirens

See page 44 for uses and benefits.

Douglas Fir

ESSENTIAL OIL

Pseudotsuga menziesii

Extracted from the branches and leaves of the Douglas Fir tree, Douglas Fir essential oil has many benefits. When used topically, Douglas Fir can improve the appearance of skin.

COSMETIC USES:

- Add one drop to body wash for an energizing aroma and added cleansing benefits

HOUSEHOLD USES:

- When creating an all-purpose cleaner, add two drops for a cleansing boost



31591713	5 mL bottle
\$33.33 retail	\$25.00 wholesale 20.5 PV



Eucalyptus

ESSENTIAL OIL

Eucalyptus radiata

dōTERRA Eucalyptus comes from evergreen trees that grow up to 50 feet in height. The chemical structure of Eucalyptus makes it ideal for creating a soothing massage.

COSMETIC USES:

- Place three drops Eucalyptus in bottom of shower to invigorate senses

HOUSEHOLD USES:

- During winter months, diffuse Eucalyptus to promote vitality



30061713	15 mL bottle
\$29.00 retail	\$21.75 wholesale 18 PV



Fennel (Sweet)

ESSENTIAL OIL
Foeniculum vulgare

Fennel has a unique licorice aroma and taste, and can be used to flavor desserts or enrich the air with its sweet smell. When applied topically, Fennel can soothe dry skin.

COSMETIC USES:

- Apply one to two drops topically to stomach for a soothing abdominal massage

FOOD USES:

- Add one drop Fennel to water or tea when craving sweets



41291813	15 mL bottle
\$25.67 retail	\$19.25 wholesale 16 PV

Frankincense Top Seller

ESSENTIAL OIL
Boswellia carterii, frereana, and sacra

Because of its chemical makeup, Frankincense oil holds significant renewing properties that give it a wide variety of uses. For centuries, Frankincense has been used for its beautifying characteristics—particularly for rejuvenating the appearance of skin and promoting feelings of relaxation.

COSMETICS USES:

- Add two drops to moisturizer to soothe and moisturize dry skin

HOUSEHOLD USES:

- Diffuse Frankincense to encourage feelings of peace and satisfaction



30071713	15 mL bottle
\$116.33 retail	\$87.25 wholesale 67 PV

Geranium

ESSENTIAL OIL
Pelargonium graveolens

Long used for its beautifying properties, Geranium essential oil is extremely beneficial for improving the appearance of hair and skin. It has also been known to help create a sense of harmony in the body and mind.

COSMETICS USES:

- Combine one drop with shampoo to balance moisture in hair
- Use topically on the skin after a shower for a smoothing effect

FOOD USES:

- Add one drop of geranium oil to ice cream or frozen soy milk



30091813	15 mL bottle
\$53.00 retail	\$39.75 wholesale 33 PV

Ginger

ESSENTIAL OIL
Zingiber officinale

dōTERRA Ginger essential oil comes from the fresh rhizome of the ginger plant. When used as a kitchen spice, the earthy nature of Ginger adds flavor to a variety of dishes.

COSMETIC USES:

- Add one drop to warm bath water for a soothing aromatic experience

FOOD USES:

- Use one drop in place of whole ginger in sweet and savory recipes



31631813	15 mL bottle
\$70.00 retail	\$52.50 wholesale 43.5 PV

*See Natural Health Products (pg. 44) for the NHP version.



Grapefruit

ESSENTIAL OIL

Citrus X paradisi

Similar to other citrus oils, Grapefruit is known for its uplifting aroma. Grapefruit is also renowned for its cleansing properties and is frequently used in skin care to promote the appearance of healthy-looking skin.

COSMETIC USES:

- Add to nightly facial routine to improve the appearance of skin (avoid UV light)

FOOD USES:

- Use in favorite dessert recipes for a refreshing citrus flavor

HOUSEHOLD USES:

- Diffuse for an energizing scent



30101813	15 mL bottle
\$30.67 retail	\$23.00 wholesale 19 PV

*See Natural Health Products (pg. 45) for the NHP version.

Green Mandarin

ESSENTIAL OIL

Citrus nobilis

Distilled from the mandarin fruit before it has ripened. Green Mandarin essential is known for its uplifting scent and promoting healthy-looking skin.

COSMETIC USES:

- Add to a nightly facial routine to improve the appearance of the skin

FOOD USES:

- Add two drops to four ounces of water for a fun and flavorful twist

HOUSEHOLD USES:

- Combine five drops with one cup water and one cup vinegar for an effective surface cleaner



60207636	15 mL bottle
\$48.00 retail	\$36.00 wholesale 30 PV

Helichrysum

ESSENTIAL OIL

Helichrysum italicum

See page 45 for uses and benefits.

Juniper Berry

ESSENTIAL OIL

Juniperus communis

Derived from the coniferous tree, Juniper Berry essential oil has a rich history of traditional uses. Juniper Berry acts as a naturally-sourced cleansing agent and acts as a skin toner.

COSMETIC USES:

- Apply one drop to the skin to promote a bright complexion

FOOD USES:

- Add one to two drops to your next green or fruit smoothie

HOUSEHOLD USES:

- Diffuse before bed for a calming and grounding fragrance



49291813	5 mL bottle
\$32.33 retail	\$24.25 wholesale 20 PV

*See Natural Health Products (pg. 45) for the NHP version.



Lavender Top Seller

ESSENTIAL OIL

Lavandula angustifolia

The floral, airy scent of Lavender essential oil can produce calming, soothing, and relaxing benefits. Because it provides the user with comforting benefits, Lavender oil has seemingly limitless applications.

COSMETIC USES:

- Add to shampoo to help keep hair looking thick and healthy
- Apply to bottom of feet before bedtime for a relaxing scent

FOOD USES:

- Combine with Lemon and honey in warm water for a soothing tea



30111813	15 mL bottle
\$39.33 retail	\$29.50 wholesale 24.5 PV

*See Natural Health Products (pg. 45) for the NHP version.

Lemon Top Seller

ESSENTIAL OIL

Citrus limon

Renowned for its cleansing properties and invigorating aroma, Lemon is a top-selling dōTERRA favorite because of its versatility. Whether it is used as a cleaning agent in the home or to brighten a room with its stimulating aroma, Lemon essential oil holds countless benefits for any user.

COSMETIC USES:

- Add to hand soap to help eliminate grease after working on a car or bike

FOOD USES:

- Add two drops to water for a thirst-quenching flavor

HOUSEHOLD USES:

- Add to a spray bottle of water to clean tables, counter tops, and other surfaces



30121813	15 mL bottle
\$18.67 retail	\$14.00 wholesale 11.5 PV

*See Natural Health Products (pg. 45) for the NHP version.



Lemongrass

ESSENTIAL OIL

Cymbopogon flexuosus

Lemongrass essential oil is frequently used in skin care products for its cleansing benefits. Lemongrass has an herbaceous aroma that can heighten awareness and is ideal for massage therapy.

COSMETIC USES:

- Combine with Fractionated Coconut Oil and apply for a soothing massage

FOOD USES:

- Use in soups and savory dishes for a unique herbal, citrus flavor



30131813	15 mL bottle
\$17.00 retail	\$12.75 wholesale 10.5 PV

*See Natural Health Products (pg. 46) for the NHP version.

Lemon Eucalyptus New!

ESSENTIAL OIL
Eucalyptus citriodora

Derived from the tall, lemon-scented blue gum eucalypti in Kenya, Lemon Eucalyptus is a powerful essential oil. Bright and invigorating, Lemon Eucalyptus' unique outdoor scent creates a positive aroma while simultaneously offering incredible cleansing benefits. Apply topically to areas of concern for healthier-looking skin or diffuse for a revitalizing indoor and outdoor aroma.

COSMETIC USES:

- Add a drop to shampoo for a feeling of deep clean

HOUSEHOLD USES:

- Diffuse indoor and outdoor for an uplifting scent



60210108	15 mL bottle	
\$20.67 retail	\$15.50 wholesale	13 PV

Lime

ESSENTIAL OIL
Citrus aurantifolia

With cleansing benefits and a balancing, energizing scent, Lime essential oil can cleanse and uplift when used aromatically or topically.

COSMETIC USES:

- Combine one drop with shampoo in hand and massage into scalp and hair for added cleansing benefits

FOOD USES:

- Add a drop of this tangy oil to salsa, guacamole, or dips for an enhanced flavor



30871813	15 mL bottle	
\$22.33 retail	\$16.75 wholesale	14 PV

*See Natural Health Products (pg. 46) for the NHP version.

Marjoram

ESSENTIAL OIL
Origanum majorana

Also known as "joy of the mountains," Marjoram was known to the Greeks and Romans as a symbol of happiness. In modern applications, Marjoram is valued for its calming properties.

COSMETIC USES:

- Apply to back of neck and shoulders for a relaxing aroma

FOOD USES:

- Infuse in olive oil for a refreshing salad dressing, marinade, or bread dip



30141813	15 mL bottle	
\$32.33 retail	\$24.25 wholesale	20 PV

Melissa

ESSENTIAL OIL
Melissa officinalis

Melissa, also known as lemon balm, received its name because of its sweet, fresh, citrus-like fragrance known to attract bees. A rare oil that is difficult to source and produce, Melissa holds a variety of benefits and is known for its calming fragrance.

COSMETIC USES:

- Add Melissa to daily moisturizer for a refreshed-looking appearance

FOOD USES:

- Add to herbal tea for a citrus-like flavor

HOUSEHOLD USES:

- Add a few drops of Melissa to a spray bottle with water and use on household surfaces



30851813	5 mL bottle	
\$196.67 retail	\$147.50 wholesale	106 PV

Myrrh

ESSENTIAL OIL
Commiphora myrrha

See page 46 for uses and benefits.



dōTERRA
cō·impact
SOURCING™

By supporting small-scale producers in developing countries, Cō-Impact Sourcing provides a solid foundation that these growers can build a future on.

Ylang Ylang is harvested on the island of Nosy Be off the northwest coast of Madagascar.

Oregano Top Seller

ESSENTIAL OIL

Origanum vulgare

Oregano is one of the most potent and powerful essential oils and has been used for centuries for its varied benefits. In addition to being a popular cooking spice, Oregano acts as an enhancer and equalizer in essential oil blends.

COSMETIC USES:

- Dilute with Fractionated Coconut Oil and apply to cuticles and nailbeds to maintain healthy-looking fingernails and toenails

FOOD USES:

- Replace one tablespoon of dry oregano with one drop in Italian dishes



30181813	15 mL bottle
\$37.67 retail	\$28.25 wholesale 23.5 PV

Patchouli

ESSENTIAL OIL

Pogostemon cablin

See page 46 for uses and benefits.

Peppermint Top Seller

ESSENTIAL OIL

Mentha piperita

See page 46 for uses and benefits.

Peppermint Beadlet

See page 47 for uses and benefits.



Pink pepper

Petitgrain

ESSENTIAL OIL

Citrus aurantium

See page 47 for uses and benefits.

Pink Pepper

ESSENTIAL OIL

Schinus molle

The pink peppercorn is actually a fruit from the *Schinus molle* tree, a tall evergreen tree. The ancient Incans considered this tree and its small pink fruits sacred, and lined the perimeters of their temples and palaces with them. While similar in appearance to a black peppercorn, Pink Pepper is actually unrelated to true pepper.

COSMETIC USES:

- Combine two drops with Fractionated Coconut Oil for a soothing massage

FOOD USES:

- Add one to two drops to a glass of water after enjoying a large meal

HOUSEHOLD USES:

- Blend with citrus or floral oils to create an invigorating aroma



60205308	5 mL bottle
\$44.33 retail	\$33.25 wholesale 27.5 PV

Roman Chamomile

ESSENTIAL OIL

See page 47 for uses and benefits.

Rose New!

ESSENTIAL OIL

Rosmarinus officinalis

Delicately harvested and distilled from precious rose petals, Rose essential oil offers a sweet aroma with profound benefits. Known as the "Queen of Oils," dōTERRA sources Rose sustainably and responsibly to make its powerful aromatic and topical benefits available for everyone. Rose's sweet, memorable floral scent is renowned in both perfume and essential oil industries. It is no wonder why – Rose has an elevating and enriching aroma! In addition to smelling amazing, Rose can also be applied topically to give you the glowing, even-looking skin tone you want.

COSMETIC USES:

- Apply to areas of concern twice daily to enhance the appearance of healthy-looking skin

HOUSEHOLD USES:

- Diffuse three to four drops for an uplifting, romantic aroma



60202783	5 mL bottle
\$470.33 retail	\$352.75 wholesale 212 PV

Rosemary

ESSENTIAL OIL

Rosmarinus officinalis

Rosemary is an aromatic evergreen shrub whose leaves are frequently used to flavor foods such as stuffing, pork, roast lamb, chicken, and turkey. Along with its culinary applications, Rosemary's herbaceous and energizing scent is frequently used for diffusing.

COSMETIC USES:

- Combine Rosemary, Frankincense, and Epsom salts for a refreshing bath

FOOD USES:

- Add one to two drops of Rosemary essential oil to meats and favorite entrees



30201813	15 mL bottle
\$27.33 retail	\$20.50 wholesale 17 PV

Siberian Fir

ESSENTIAL OIL

Abies sibirica

With a scent reminiscent of Christmas trees and tranquil forests, Siberian Fir has long been recognized for producing comforting, stabilizing aromas, as well as for stimulating the senses.

COSMETIC USES:

- Add one to two drops to the shower floor for an energizing fragrance

HOUSEHOLD USES:

- Add 10 drops to a spray bottle with water for a refreshing room spray



60203586	15 mL bottle
\$34.33 retail	\$25.75 wholesale 21.5 PV

Sandalwood (Hawaiian)

ESSENTIAL OIL

Santalum paniculatum

Sandalwood is a name given to a class of fragrant woods that, unlike other aromatic woods, can retain their fragrance for decades. Both the wood and oil have been highly valued for centuries.

COSMETIC USES:

- Apply two drops to a steam facial to help skin feel nourished and rejuvenated

HOUSEHOLD USES:

- Apply to a cotton ball and place in car's AC vent for a soothing aroma while driving



41861713	5 mL bottle
\$119.67 retail	\$89.75 wholesale 63.5 PV

Spearmint

ESSENTIAL OIL

Mentha spicata

Well-known for its sweet and minty flavor, Spearmint is often used in cooking, but can also be applied topically or used aromatically for a variety of powerful benefits. Spearmint is a milder alternative to other mint essential oils.

COSMETIC USES:

- Apply to toothbrush prior to toothpaste for an extra burst of flavor and a clean feeling

FOOD USES:

- Add one drop to hot cocoa or tea for an invigorating flavor



31611813	15 mL bottle
\$48.00 retail	\$36.00 wholesale 30 PV



Spikenard

ESSENTIAL OIL

Nardostachys jatamansi

Historically used for relaxation and its uplifting aroma. Spikenard essential oil has a calming fragrance and can be purifying for the skin.

COSMETIC USES:

- Use topically on abdomen for an invigorating massage

HOUSEHOLD USES:

- Diffuse for a calming and relaxing scent



60200723	5 mL bottle
\$84.67 retail	\$63.50 wholesale 52.5 PV

Tangerine

ESSENTIAL OIL

Citrus aurantium

Tangerine has a long history of use in Chinese culture and herbal practices. Tangerine has a sweet, tangy aroma, similar to other citrus oils, that is uplifting and is known for its cleansing properties.

COSMETIC USES:

- Combine one drop with ¼ cup of sea salt for a spa-like bath

FOOD USES:

- Add two to three drops as a flavoring in dessert recipes



60202904	15 mL bottle
\$25.67 retail	\$19.25 wholesale 16 PV

Tea Tree Top seller

ESSENTIAL OIL

Melaleuca alternifolia

See page 47 for uses and benefits.

Thyme

ESSENTIAL OIL

Thymus vulgaris

This potent, warm, herbaceous essential oil holds cleansing benefits that are particularly helpful for cleansing the skin.

COSMETIC USES:

- Dilute with Fractionated Coconut Oil then apply to targeted areas to clean skin

FOOD USES:

- Add two to three drops as a flavoring in marinades



30221813	15 mL bottle
\$50.33 retail	\$37.75 wholesale 31 PV

Turmeric

ESSENTIAL OIL

Curcuma longa

The turmeric root is a member of the ginger family with a long history of use in ancient China and India. Its unique flavor is commonly used in Indian cuisines and is actually responsible for the yellow color of curry and mustard.

COSMETIC USES:

- Combine with moisturizer and utilize in skin care routine to support clean and healthy-looking skin

FOOD USES:

- Use in cooking for a flavorful twist

HOUSEHOLD USES:

- Diffuse for an uplifting and energizing aroma



60207639	15 mL bottle
\$48.00 retail	\$36.00 wholesale 30 PV

Vetiver

ESSENTIAL OIL

Vetiveria zizanioides

Derived from a thick grass, Vetiver essential oil is ideal for creating a peaceful environment as it is known to have a grounding, calming fragrance.

COSMETIC USES:

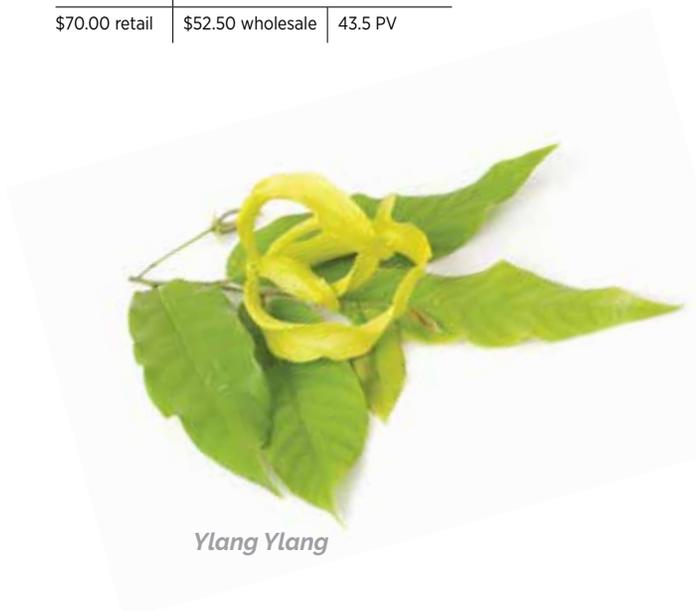
- Add two drops to a warm bath for deep relaxation

HOUSEHOLD USES:

- Use as an earthy base note in a favorite DIY diffuser blend



30431713	15 mL bottle
\$70.00 retail	\$52.50 wholesale 43.5 PV



Ylang Ylang



Turmeric

Wild Orange Top Seller

ESSENTIAL OIL

Citrus sinensis

Like many other citrus oils, Wild Orange essential oil is well known for its cleansing properties. Additionally, Wild Orange has an uplifting and refreshing aroma.

COSMETIC USES:

- Place one drop Wild Orange, Peppermint, and Frankincense in hands and inhale deeply for an energizing aroma

FOOD USES:

- Add to water for a burst of flavor



30171813	15 mL bottle
\$17.00 retail	\$12.75 wholesale 10.5 PV

*See Natural Health Products (pg. 47) for the NHP version.

Wintergreen

ESSENTIAL OIL

Gaultheria fragrantissima

Wintergreen essential oil contains soothing and renewing properties that can be received when applied to skin or diffused.

COSMETIC USES:

- Apply to a cotton ball and add to gym bag, trash can, or other areas to mask odor

HOUSEHOLD USES:

- Combine with equal parts Citrus Bliss® and diffuse for an energizing aroma



31621713	15 mL bottle
\$37.67 retail	\$28.25 wholesale 23.5 PV

Yarrow|Pom New!

ESSENTIAL OIL

An expertly crafted proprietary blend of Yarrow essential oil and cold-pressed Pomegranate seed oil, Yarrow|Pom was designed to be your go-to oil for glowing skin and soothing aroma. This synergistic, first-of-its-kind blend naturally promotes the look of young, clear and healthy-looking skin. This makes Yarrow|Pom the ideal naturally sourced solution for revitalizing aging skin. With natural punicic acid, β -caryophyllene, and chamazulene, this active botanical duo is the perfect addition to your skin care routine or diffuser to leave you feeling rejuvenated.

COSMETIC USES:

- Mix with daily moisturizer to promote youthful, healthy looking skin

HOUSEHOLD USES:

- Diffuse for a calming aroma



60207955	30 mL bottle
\$162.33 retail	\$121.75 wholesale 100.5 PV

Yarrow|Pom Body Serum Coming Soon!

Ylang Ylang

ESSENTIAL OIL

Cananga odorata

A sweet, floral essential oil, Ylang Ylang uses nourishing properties to benefit skin and hair, while providing a soothing aroma.

COSMETIC USES:

- Use in conjunction with an aromatherapy steam facial

HOUSEHOLD USES:

- Combine two drops Ylang Ylang, two drops Bergamot, and water in a spray bottle for a home freshener



30241713	15 mL bottle
\$63.33 retail	\$47.50 wholesale 39.5 PV

dōTERRA TOUCH® FLORAL OILS

Striking the proper balance between protecting sensitive skin while still delivering the benefits found in essential oils is not just a matter of science, but also of art. dōTERRA Touch has achieved that balance. Making application simple with 10 mL roll-ons, dōTERRA Touch products are ideal for children, adults, and especially those with sensitive skin. You can start benefiting from essential oils immediately with these ready-to-use bottles. Enjoy the convenience and benefits of dōTERRA Touch today.



dōTERRA Touch® Jasmine ESSENTIAL OIL

Regarded as the "King of Flowers," Jasmine is prized for its highly fragrant aroma and ability to help reduce the appearance of skin imperfections and promote a healthy-looking, glowing complexion.

COSMETIC USES:

- Apply topically to moisturize skin
- Add to skin care routine for a radiant complexion



60202907	10 mL roll-on
\$71.67 retail	\$53.75 wholesale
	44.5 PV



dōTERRA Touch® Magnolia ESSENTIAL OIL

While essential oil extract from the magnolia flower has a very similar chemistry to other floral oils such as Lavender and Ylang Ylang, it has a unique aroma. Magnolia essential oil is particularly known for its relaxing aroma as well as being beneficial to the skin.

COSMETIC USES:

- Apply topically to soothe skin
- Combine with Neroli and apply to chest or back of neck for a relaxing aromatic massage



60207637	10 mL roll-on
\$48.00 retail	\$36.00 wholesale
	30 PV



dōTERRA Touch® Neroli ESSENTIAL OIL

Neroli essential oil is derived from the flowers of the bitter orange tree. The aroma of Neroli essential oil has been known to for its relaxing qualities, and to promote an overall sense of well-being.

COSMETIC USES:

- Use topically on wrists and inhale for a calming aroma
- Incorporate into beauty routine for a youthful-looking complexion



60202906	10 mL roll-on
\$80.33 retail	\$60.25 wholesale
	50 PV



dōTERRA Touch® Rose ESSENTIAL OIL

The labor-intensive and delicate process of harvesting and distilling rose petals produces a sweet aroma that's renowned in the perfume and essential oil industries. Rose Touch can promote a healthy-looking, even skin tone and can be used as a romantic personal fragrance.

COSMETIC USES:

- Use in massage for an elevating, enriching experience
- Apply to areas of concern twice daily to enhance the appearance of healthy-looking skin



60202901	10 mL roll-on
\$119.67 retail	\$89.75 wholesale
	69 PV



Neroli

SINGLE ESSENTIAL OILS

Quick Reference

	APPLICATION			SKIN SENSITIVITY		SKU	RETAIL	WHOLESALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE DILUTE				
ARBORVITAE <i>Thuja plicata</i>	A	T		N		49361713	\$37.67	\$28.25	23.5
BASIL <i>Ocimum basilicum</i>	A	T	I	N		30011813	\$41.00	\$30.75	25.5
BERGAMOT <i>Citrus bergamia</i>	A	T	I		S	30791813	\$51.33	\$38.50	32
BLACK PEPPER <i>Piper nigrum</i>	A	T	I		S	41041813	\$37.67	\$28.25	23.5
BLACK SPRUCE <i>Picea mariana</i> New!!	A	T			S	60209144	\$30.67	\$23.00	19
BLUE TANSY <i>Tanacetum annuum</i>	A	T		N		60203634	\$145.33	\$109.00	85
CARDAMOM <i>Elettaria cardamomum</i>	A	T	I	N		49351813	\$44.33	\$33.25	27.5
CASSIA <i>Cinnamomum cassia</i>	A	T	I		D	30021813	\$32.33	\$24.25	20
CEDARWOOD <i>Juniperus virginiana</i>	A	T			S	49301713	\$22.33	\$16.75	14
CELERY SEED <i>Apium graveolens</i> New!!	A	T	I		S	60210109	\$61.67	\$46.25	38
CILANTRO <i>Coriandrum sativum</i>	A	T	I	N		41851813	\$44.33	\$33.25	27.5
CINNAMON BARK <i>Cinna momum zeylanicum</i>	A	T	I		D	30031813	\$41.00	\$30.75	25.5
CITRONELLA <i>Cymbopogon winterianus</i> New!!	A	T			S	60209658	\$30.67	\$23.00	19
CLOVE BUD <i>Eugenia caryophyllata</i>	A	T	I		D	30041813	\$27.33	\$20.50	17
COPAIBA <i>Copaifera reticulata, officinalis, coriacea, and langsdorffii</i>	A	T			S	60202899	\$60.00	\$45.00	37
CORIANDER <i>Coriandrum sativum</i>	A	T	I	N		30781813	\$42.67	\$32.00	26.5
DOUGLAS FIR <i>Pseudotsuga menziesii</i>	A	T		N		31591713	\$33.33	\$25.00	20.5
EUCALYPTUS <i>Eucalyptus radiata</i>	A	T			S	30061713	\$29.00	\$21.75	18
FENNEL (SWEET) <i>Foeniculum vulgare</i>	A	T	I		S	41291813	\$25.67	\$19.25	16
FRANKINCENSE <i>Olibanum and Boswellia frereana</i>	A	T	I	N		30071713	\$116.33	\$87.25	67
GERANIUM <i>Pelargonium graveolens</i>	A	T	I		D	30091813	\$53.00	\$39.75	33
GINGER <i>Zingiber officinale</i>	A	T	I		S	31631813	\$70.00	\$52.50	43.5
GRAPEFRUIT <i>Citrus paradisi</i>	A	T	I	N		30101813	\$30.67	\$23.00	19
GREEN MANDARIN <i>Citrus nobilis</i>	A	T	I	N		60207636	\$48.00	\$36.00	30
JUNIPER BERRY <i>Juniperus communis</i>	A	T	I	N		49291813	\$32.33	\$24.25	20
LAVENDER <i>Lavandula angustifolia</i> Top Seller	A	T	I	N		30111813	\$39.33	\$29.50	24.5
LEMON <i>Citrus limon</i> Top Seller	A	T	I	N		30121813	\$18.67	\$14.00	11.5
LEMONGRASS <i>Cymbopogon flexuosus</i>	A	T	I		D	30131813	\$17.00	\$12.75	10.5
LEMON EUCALYPTUS New!! <i>Eucalyptus citriodora</i>	A	T			S	60210108	\$20.67	\$15.50	13
LIME <i>Citrus aurantifolia</i>	A	T	I		S	30871813	\$22.33	\$16.75	14
MARJORAM <i>Origanum majorana</i>	A	T	I	N		30141813	\$32.33	\$24.25	20
MELISSA <i>Melissa officinalis</i>	A	T	I	N		30851813	\$196.67	\$147.50	106

SINGLE ESSENTIAL OILS

Quick Reference

	APPLICATION			SKIN SENSITIVITY			SKU	RETAIL	WHOLESALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
OREGANO <i>Origanum vulgare</i> Top Seller	A	T	I			D	30181813	\$37.67	\$28.25	23.5
PINK PEPPER <i>Schinus molle</i>	A	T	I	N			60205308	\$44.33	\$33.25	27.5
ROSE <i>Rosa damascena</i> New!	A	T			S		60202783	\$470.33	\$352.75	212
ROSEMARY <i>Rosmarinus officinalis</i>	A	T	I	N			30201813	\$27.33	\$20.50	17
SANDALWOOD, HAWAIIAN <i>Santalum paniculatum</i>	A	T		N			41861713	\$119.67	\$89.75	63.5
SIBERIAN FIR <i>Abies sibirica</i>	A	T		N			60203586	\$34.33	\$25.75	21.5
SPEARMINT <i>Mentha spicata</i>	A	T	I		S		31611813	\$48.00	\$36.00	30
SPIKENARD <i>Nardostachys jatamansi</i>	A	T		N			60200723	\$84.67	\$63.50	52.5
TANGERINE <i>Citrus reticulata</i>	A	T	I	N			60202904	\$25.67	\$19.25	16
THYME <i>Thymus vulgaris</i>	A	T	I			D	30221813	\$50.33	\$37.75	31
TURMERIC <i>Curcuma longa</i>	A	T	I	N			60207639	\$48.00	\$36.00	30
VETIVER <i>Vetiveria zizanioides</i>	A	T		N			30431713	\$70.00	\$52.50	43.5
WILD ORANGE <i>Citrus sinensis</i> Top Seller	A	T	I	N			30171813	\$17.00	\$12.75	10.5
WINTERGREEN <i>Gaultheria fragrantissima</i>	A	T			S		31621713	\$37.67	\$28.25	23.5
YARROW POM New!	A	T		N			60207955	\$162.33	\$121.75	100.5
YLANG YLANG <i>Cananga odorata</i>	A	T	I	N			30241713	\$63.33	\$47.50	39.5

dōTERRA TOUCH® FLORAL OILS

dōTERRA TOUCH® JASMINE <i>Jasminum grandiflorum</i>	A	T		N			60202907	\$71.67	\$53.75	44.5
dōTERRA TOUCH® MAGNOLIA <i>Michelia alba</i>	A	T		N			60207637	\$48.00	\$36.00	30
dōTERRA TOUCH® NEROLI <i>Citrus x aurantium</i>	A	T		N			60202906	\$80.33	\$60.25	50
dōTERRA TOUCH® ROSE <i>Rosa damascena</i>	A	T		N			60202901	\$119.67	\$89.75	69

APPLICATION METHODS | A Can be used aromatically | T Can be used topically | I Can be used internally

SKIN SENSITIVITY | N Can be used topically with no dilution (NEAT) | S Dilute for young or sensitive skin (SENSITIVE) | D Dilute before using topically (DILUTE)

Proprietary ESSENTIAL OIL BLENDS

dōTERRA® essential oil blends are proprietary formulas for targeted wellness applications. They represent the converging wisdom of many years of essential oil experience and validation of a growing body of research and scientific study. Harnessing the inherent living energies of plants, each formula is synergistically balanced to enhance product potency and benefits and contains only CPTG Certified Pure Tested Grade® essential oils.

Adaptiv™ NEW!

ESSENTIAL OIL BLEND

See page 38 for uses and benefits.

Aromatouch®

ESSENTIAL OIL BLEND

Essential oils have long been used for massage, which is why dōTERRA created a proprietary massage blend that improves various massage techniques with the help of relaxing and comforting essential oils.

COSMETIC USES:

- Apply to neck and shoulders for a calming fragrance that promotes relaxation

HOUSEHOLD USES:

- Diffuse to create a calm environment when meditating or relaxing



31201713	15 mL bottle
\$48.00 retail	\$36.00 wholesale 30 PV

Balance®

ESSENTIAL OIL BLEND

The Balance blend is a subtle combination of essential oils that promotes harmony, tranquility, and a sense of relaxation through its grounding, peaceful fragrance.

COSMETIC USES:

- Apply to the bottom of feet for a grounding fragrance

HOUSEHOLD USES:

- Diffuse to create a calm environment when meditating or practicing yoga



31011713	15 mL bottle
\$36.00 retail	\$27.00 wholesale 22.5 PV

Citrus Bliss®

ESSENTIAL OIL BLEND

Merging the major benefits of citrus essential oils, Citrus Bliss Invigorating Blend holds energizing and refreshing properties that create an uplifting aroma.

COSMETIC USES:

- Combine with Lavender and Peppermint oil and rub on back of neck

HOUSEHOLD USES:

- Place two to three drops on dryer sheets to give laundry a refreshing aroma



31021713	15 mL bottle
\$30.67 retail	\$23.00 wholesale 19 PV





Deep Blue® Top Seller

ESSENTIAL OIL BLEND

Formulated to provide a cooling sensation, Deep Blue serves as an enriching blend of oils perfect for a massage.

COSMETIC USES:

- Dilute Deep Blue with Fractionated Coconut Oil and massage into growing kid's legs

HOUSEHOLD USES:

- Diffuse for an invigorating scent during a workout



31051713	5 mL bottle	
\$56.33 retail	\$42.25 wholesale	35 PV

60201831	10 mL roll-on	
\$101.00 retail	\$75.75 wholesale	58.5 PV

dōTERRA Affirm™ NEW!

CENTERING BLEND

Featuring Bergamot, Coriander, Marjoram, Peppermint, Jasmine absolute, and Rose essential oils in a base of Fractionated Coconut oil, this blend helps you to trust in yourself and stay open to new possibilities.

- Apply over heart, wrists, and back of neck to promote feelings of self-acceptance and fluidity
- Use dōTERRA Affirm while practicing the following yoga poses: Warrior II, Triangle, and Gate pose



60207902	5 mL bottle	
\$29.00 retail	\$21.75 wholesale	18 PV

dōTERRA Anchor® NEW!

STEADYING BLEND

Featuring Lavender, Cedarwood, Sandalwood, Cinnamon, Frankincense, Black Pepper, and Patchouli essential oils in a base of Fractionated Coconut Oil, this blend promotes a sense of calm and self-awareness, as well as supports your connection to your community, your emotional harmony, and your innate wisdom.

- Apply to ankles, base of spine, and bottoms of feet to promote feelings of completeness and calmness
- Use dōTERRA Anchor while practicing the following yoga poses: Seated Meditation, Seated Twist, and Bhujangasana (one hand on the heart, the other on the Earth)



60207901	5 mL bottle	
\$34.33 retail	\$25.75 wholesale	21.5 PV

ClaryCalm®

ESSENTIAL OIL BLEND

Designed specifically for women, ClaryCalm is a proprietary blend of essential oils that have been traditionally used to promote a sense of well-being and balance.

COSMETIC USES:

- Add to Fractionated Coconut Oil and use in a soothing abdominal massage

HOUSEHOLD USES:

- Diffuse to create a calming atmosphere



60201141	10 mL roll-on	
\$46.33 retail	\$34.75 wholesale	28.5 PV

dōTERRA Arise® NEW!

ENLIGHTENING BLEND

Featuring Grapefruit, Lemon, Osmanthus, Melissa, and Siberian Fir essential oils in a base of Fractionated Coconut Oil, this blend can inspire you to rise up and achieve your goals.

- Apply to temples, wrists, and neck to promote feelings of happiness
- Use dōTERRA Arise while practicing the following yoga poses: standing arms high, standing side stretch, and Half Moon



60207903	5 mL bottle
\$32.33 retail	\$24.25 wholesale 20 PV

Easy Air®

ESSENTIAL OIL BLEND

With a minty, fresh aroma, Easy Air has been specially formulated to provide the user with a cooling, invigorating blend that is known for its calming aroma.

COSMETIC USES:

- Add three drops to shower floor for an aroma that promotes vitality

HOUSEHOLD USES:

- Diffuse during changing seasons for a relaxing aroma



60200204	15 mL bottle
\$37.67 retail	\$28.25 wholesale 23.5 PV

Elevation®

ESSENTIAL OIL BLEND

This blend of uplifting essential oils has a revitalizing aroma and is perfect for creating a stimulating atmosphere. When you need a pick-me-up, Elevation is the ideal solution.

COSMETIC USES:

- Add to Fractionated Coconut Oil and use in a revitalizing massage
- Add a few drops to a warm bath for a soothing, uplifting experience



31041713	15 mL bottle
\$73.67 retail	\$55.25 wholesale 45.5 PV

HD Clean®

ESSENTIAL OIL BLEND

The ultimate blend for skin, HD Clean is made with skin-benefiting essential oils that will help keep the skin looking and feeling smooth, clean, and healthy.

COSMETIC USES:

- Implement in facial routine to help keep skin clean
- Combine with nighttime moisturizer for optimal hydration



60201145	10 mL roll-on
\$36.00 retail	\$27.00 wholesale 22.5 PV

Immortelle®

ESSENTIAL OIL BLEND

A proprietary blend of powerfully renewing, rare essential oils used throughout history for their beautifying benefits, Immortelle is formulated to protect and nourish dry skin while helping reduce the signs of the appearance of aging.

COSMETIC USES:

- Apply topically for a clean, smooth canvas before moisturizing
- Use as part of skin care routine to help promote a glowing complexion



60205381	10 mL roll-on
\$119.00 retail	\$89.25 wholesale 74 PV



Jasmine



dōTERRA
cō·impact
SOURCING

At dōTERRA, we are anxiously engaged in identifying ways we can positively contribute to creating sustainable jobs and addressing community needs.

dōTERRA helps rural farmers in Kenya cultivate Geranium.

InTune® Top Seller

ESSENTIAL OIL BLEND

The perfect blend for moments of study or concentration, InTune is comprised of essential oils that offers a calming, clarifying aroma.

COSMETIC USES:

- Apply to bottom of children's feet before school

HOUSEHOLD USES:

- Diffuse during study or in a classroom for an energizing aroma



60201832	10 mL roll-on
\$59.00 retail	\$44.25 wholesale 36.5 PV

PastTense®

ESSENTIAL OIL BLEND

A cooling, calming blend of essential oils, PastTense is formulated to soothe both mind and body at any time with the convenient use of a roll-on bottle.

COSMETIC USES:

- Use topically at work or home for a relaxing aroma
- Apply to back of neck and temples for a calming fragrance before difficult situations



60201161	10 mL roll-on
\$33.33 retail	\$25.00 wholesale 20.5 PV

dōTERRA Serenity® Top Seller

ESSENTIAL OIL BLEND

dōTERRA Serenity essential oil blend soothes the soul, providing a safe haven from life's daily stressors. The calming aroma of dōTERRA Serenity is the perfect blend to diffuse at the end of a long day.

COSMETIC USES:

- Combine with Epsom salts in a warm bath for a relaxing, renewing sensation

HOUSEHOLD USES:

- Diffuse at night in your child's bedroom



60200721	15 mL bottle
\$54.67 retail	\$41.00 wholesale 34 PV

On Guard® Top Seller

ESSENTIAL OIL BLEND

The On Guard blend has a spicy, energizing, uplifting aroma, and a chemical makeup that has cleansing properties.

FOOD USES

- Combine with honey and warm water to create a soothing herbal tea

HOUSEHOLD USES:

- Diffuse to cleanse the air and provide a sweet, spicy aroma



31101813	15 mL bottle
\$58.00 retail	\$43.50 wholesale 36 PV

dōTERRA Purify®

ESSENTIAL OIL BLEND

With a combination of refreshing and cleansing essential oils, dōTERRA Purify is unmatched in cleansing properties and can help eradicate unwanted odors throughout the home.

COSMETIC USES:

- Apply topically for a cooling sensation

HOUSEHOLD USES:

- Apply to a cotton ball and place in car's AC vent for a refreshing aroma



31061713	15 mL bottle
\$34.33 retail	\$25.75 wholesale 21.5 PV

Smart & Sassy® Top Seller

ESSENTIAL OIL BLEND

Smart & Sassy is a proprietary blend of Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon essential oils. This flavorful and aromatic blend has multiple uses.

COSMETIC USES:

- Massage into stomach, hips, and thighs for a smoothing, warming effect

FOOD USES

- Add five drops to eight ounces of water for a refreshing beverage



31371813	15 mL bottle
\$44.33 retail	\$33.25 wholesale 27.5 PV

TerraShield® Top Seller

ESSENTIAL OIL BLEND

TerraShield contains a select blend of essential oils including Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Arborvitae, Nootka, and Vanilla Bean Absolute—all of which combine to create an inviting indoor and outdoor aroma.

COSMETIC USES:

- Apply TerraShield topically or place on aromatherapy jewelry

HOUSEHOLD USES:

- Diffuse in home during summer months



60201692	15 mL bottle
\$18.00 retail	\$13.50 wholesale 11 PV

Zendocrine®

ESSENTIAL OIL BLEND

Zendocrine is a proprietary blend that combines the cleansing benefits of Tangerine, Geranium, and Cilantro with the calming properties of Rosemary and Juniper Berry.

COSMETIC USES:

- Apply topically to stomach for a soothing massage

FOOD USES

- Combine with honey and warm water to create a soothing herbal tea



31461813	15 mL bottle
\$41.00 retail	\$30.75 wholesale 25.5 PV

TerraShield® Spray

ESSENTIAL OIL BLEND

TerraShield Spray comes in a convenient and easy to apply 30 mL spray bottle.

COSMETIC USES:

- TerraShield can be used by everyone in the family
- Apply to bare skin before the next family excursion



60201693	30 mL spray bottle
\$33.33 retail	\$25.00 wholesale 18 PV

ZenGest® Top Seller

ESSENTIAL OIL BLEND

This unique blend combines the calming properties of Ginger, Fennel, Coriander, Peppermint, Tarragon, Anise, and Caraway. ZenGest can be diffused for its licorice aroma, applied topically to the abdomen, or taken internally for its soothing properties.

COSMETIC USES:

- Use topically before a long flight or road trip for a calming aroma

FOOD USES

- Add one drop to water after enjoying a large meal



31031813	15 mL bottle
\$56.33 retail	\$42.25 wholesale 35 PV

dōTERRA Whisper®

ESSENTIAL OIL BLEND

This specialized blend for women emits a soft and musky aroma and creates an individualized fragrance when applied topically.

COSMETIC USES:

- Place on terra-cotta jewelry for a long-lasting scent that promotes relaxation

HOUSEHOLD USES:

- Diffuse in the evening for a warming aroma



31081713	5 mL bottle
\$41.00 retail	\$30.75 wholesale 25.5 PV



dōTERRA ADAPTIV™

The dōTERRA Adaptiv™ product line was purposefully designed with a combination of Wild Orange, Lavender, Copaiba, Spearmint, Neroli, and Sweetgum essential oils to provide an aroma of calm confidence during moments when you have too much on your plate. When acclimating and adapting to new situations, whether at home or on-the-go, the Adaptiv line has the perfect aroma to inspire tranquility. From diffusing the 15 mL essential oil blend to topically applying the convenient 10 mL touch roll-on, with fractionated coconut oil, the Adaptiv blend is your ideal companion for empowerment and encouragement in every situation.



Adaptiv™ New!

ESSENTIAL OIL BLEND

COSMETIC USES:

- Massage into the back of neck and shoulders for a relaxing massage
- Gently apply to wrists for a tranquil aroma midday

HOUSEHOLD USES:

- Diffuse three to four drops when overwhelmed for a comforting aroma
- Add to aromatherapy jewelry periodically throughout the day to support a soothing environment



60210107	15 mL bottle	
\$64.00 retail	\$48.00 wholesale	39.5 PV

Adaptiv™ Touch New!

ESSENTIAL OIL BLEND

COSMETIC USES:

- Massage into the back of neck and shoulders for a relaxing massage
- Roll onto bottoms of feet in the morning or evening for a calming, centering aroma



60210121	10 mL roll-on	
\$34.33 retail	\$25.75 wholesale	21.5 PV



Spearmint

ESSENTIAL OIL BLENDS

Quick Reference

	APPLICATION			SKIN SENSITIVITY			SKU	RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
ADAPTIV™ Essential Oil Blend	A	T		N			60210107	\$64.00	\$48.00	39.5
<i>Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Neroli, Sweetgum</i>										
ADAPTIV™ TOUCH Essential Oil Blend	A	T		N			60210121	\$34.33	\$25.75	21.5
<i>Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Neroli, Sweetgum</i>										
AROMATOUCH® Essential Oil Blend	A	T		N			31201713	\$48.00	\$36.00	30
<i>Cypress, Marjoram, Peppermint, Basil, Grapefruit, Lavender</i>										
BALANCE® Essential Oil Blend	A	T		N			31011713	\$36.00	\$27.00	22.5
<i>Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile in a base of Fractionated Coconut Oil</i>										
CITRUS BLISS® Essential Oil Blend	A	T		N			31021713	\$30.67	\$23.00	19
<i>Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, Clementine, with Vanilla Absolute</i>										
CLARYCALM® Essential Oil Blend	A	T		N			60201141	\$46.33	\$34.75	28.5
<i>Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Carrot Seed, Palmarosa, Vitex</i>										
DEEP BLUE® Essential Oil Blend Top Seller	A	T			S		31051713	\$56.33	\$42.25	35
<i>Wintergreen, Camphor, Peppermint, Blue Tansy, Ylang Ylang, German Chamomile, Helichrysum, Osmanthus</i>										
EASY AIR® Essential Oil Blend	A	T			S		60200204	\$37.67	\$28.25	23.5
<i>Laurel Leaf, Peppermint, Eucalyptus, Ravensara, Melaleuca, Lemon, Cardamom, Ravensara</i>										
ELEVATION® Essential Oil Blend	A	T		N			31041713	\$73.67	\$55.25	45.5
<i>Lavandin, Lavender, Tangerine, Elemi, Lemon Myrtle, Melissa, Ylang Ylang, Osmanthus, Hawaiian Sandalwood</i>										
HD CLEAN® Essential Oil Blend		T		N			60201145	\$36.00	\$27.00	22.5
<i>Black Cumin Seed Oil, Ho Wood, Melaleuca, Eucalyptus, Geranium, Litsea</i>										
IMMORTELLE® Essential Oil Blend	A	T		N			60205381	\$119.00	\$89.25	74
<i>Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, Rose</i>										
INTUNE® Essential Oil Blend	A	T		N			60201832	\$59.00	\$44.25	36.5
<i>Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, Roman Chamomile</i>										
ON GUARD® Essential Oil Blend Top Seller	A	T	I		S		31101813	\$58.00	\$43.50	36
<i>Wild Orange, Clove, Cinnamon, Eucalyptus, Rosemary</i>										
PASTENSE® Essential Oil Blend	A	T		N			60201161	\$33.33	\$25.00	20.5
<i>Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary</i>										

ESSENTIAL OIL BLENDS

Quick Reference

	APPLICATION						SKIN SENSITIVITY			
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE	SKU	RETAIL	WHOLE-SALE	PV
dōTERRA PURIFY® Essential Oil Blend	A	T		N			31061713	\$34.33	\$25.75	21.5
<i>Lemon, Lime, Siberian Fir, Austrian Fir, Citronella, Melaleuca, Cilantro</i>										
dōTERRA SERENITY® Essential Oil Blend	A	T		N			60200721	\$54.67	\$41.00	34
<i>Lavender, Sweet Marjoram, Roman Chamomile, Ylang Ylang, Hawaiian Sandalwood, Vanilla Absolute</i>										
SMART & SASSY® Essential Oil Blend Top Seller	A	T	I		S		31371813	\$44.33	\$33.25	27.5
<i>Grapefruit, Lemon, Peppermint, Ginger, Cinnamon</i>										
TERRASHIELD® Essential Oil Blend Top Seller	A	T		N			60201692	\$18.00	\$13.50	11
<i>Ylang Ylang, Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Arborvitae, Nootka, Vanilla Bean Absolute</i>										
TERRASHIELD® Spray	A	T		N			60201693	\$33.33	25.00	18
<i>Ylang Ylang, Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Arborvitae, Nootka, and Vanilla Bean Absolute</i>										
dōTERRA WHISPER® Essential Oil Blend	A	T		N			31081713	\$41.00	\$30.75	25.5
<i>Bergamot, Ylang Ylang, Patchouli, Cinnamon, Labdanum, Vetiver, Hawaiian Sandalwood, Rose, and Vanilla, Jasmine, and Cocoa Absolutes in a base of Fractionated Coconut Oil</i>										
ZENDOCRINE® Essential Oil Blend	A	T	I	N			31461813	\$41.00	\$30.75	25.5
<i>Tangerine, Rosemary, Geranium, Juniper Berry, Cilantro</i>										
ZENGEST® Essential Oil Blend Top Seller	A	T	I	N			31031813	\$56.33	\$42.25	35
<i>Ginger, Peppermint, Tarragon, Fennel, Caraway, Coriander, Anise</i>										



Petitgrain oil is extracted via steam distillation on-site in Paraguay.

NATURAL HEALTH PRODUCTS

dōTERRA offers the following selection of essential oils as Natural Health Products (NHP), a category regulated by Health Canada. These are naturally occurring substances that are used to restore or maintain good health. These products are identified with a Natural Product Number (NPN) on the label, showing that the product may be sold as an NHP in Canada and is safe and effective when used according to the instructions on the label. **Follow the directions on the label for safe use.**

Bergamot

ESSENTIAL OIL

Citrus bergamia

Bergamot is the most delicate of the citrus plants, requiring special climate and soil in order to thrive. Bergamot is versatile in its ability to address a myriad of well-being concerns and is relieving to the skin.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy for symptomatic relief of eczema and dermatitis
- Used in aromatherapy as a carminative and antispasmodic for symptomatic relief of digestive discomfort



30792113	15 mL bottle	NPN80060980
\$51.33 retail	\$38.50 wholesale	32 PV

Cardamom

ESSENTIAL OIL

Elettaria cardamomum

A close relative to Ginger, Cardamom also has an effect on the respiratory system, making it an ideal oil to help relieve colds and cough.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy to help relieve colds and cough
- Used in aromatherapy as a carminative and antispasmodic for symptomatic relief of digestive discomfort



49352113	5 mL bottle	NPN80060953
\$44.33 retail	\$33.25 wholesale	27.5 PV



Bergamot



Clary Sage

ESSENTIAL OIL

Salvia sclarea

Clary Sage is a biennial or perennial herb that grows up to six feet in height. Known for its calming properties and benefits to the skin, Clary Sage is also ideal for helping to relieve joint and muscle pain associated with rheumatoid arthritis.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a nervine and calming
- Used in aromatherapy to help relieve joint and muscle pain associated with sprain, strain, and rheumatoid arthritis



30422113	15 mL bottle	NPN80060984
\$62.33 retail	\$46.75 wholesale	38.5 PV

Clave Bud

ESSENTIAL OIL

Syzygium aromaticum

Clave Bud essential oil is versatile and can address multiple concerns. It is an essential oil that produces a warm, woody aroma.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy to help relieve joint/muscle pain associated with sprains, strains, and rheumatoid arthritis
- Used in aromatherapy to help relieve colds and coughs



60201514	15 mL bottle	NPN80073542
\$27.33 retail	\$20.50 wholesale	17 PV

Cypress

ESSENTIAL OIL

Cupressus sempervirens

Derived from the branches of the tall evergreen tree, Cypress essential oil has a fresh, clean aroma and when applied topically can help relieve joint and muscle pain associated with sprains and strains.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy to help relieve colds and cough
- Used in aromatherapy to help relieve joint and muscle pain associated with sprain, strain, and rheumatoid arthritis



30052113	15 mL bottle	NPN80060929
\$26.67 retail	\$20.00 wholesale	16.5 PV

Ginger

ESSENTIAL OIL

Zingiber officinale

Ginger's stimulating aroma is used in aromatherapy. Sourced from Madagascar, dōTERRA® Ginger essential oil is derived from the fresh rhizome of the ginger plant—the subterranean stalk of a plant that shoots out the root system.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a carminative or antispasmodic for symptomatic relief of digestive discomfort
- Used in aromatherapy to help relieve colds and cough



31632113	15 mL bottle	NPN80060954
\$70.00 retail	\$52.50 wholesale	43.5 PV



Grapefruit

ESSENTIAL OIL

Citrus paradisi

The name "grapefruit" is attributed to the fruit growing in clusters, which resemble those of grapes. Known for its calming aroma, Grapefruit can help create an uplifting environment.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a nervine and calmatve



30102113	15 mL bottle	NPN80060966
\$30.67 retail	\$23.00 wholesale	19 PV

Juniper Berry

ESSENTIAL OIL

Juniperus communis

Derived from the coniferous tree, Juniper Berry essential oil has a rich history of traditional uses and benefits. Juniper Berry acts as a natural cleansing and calming agent for the skin.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy for symptomatic relief of acne and boils
- Used in aromatherapy to relieve minor skin irritation, cuts, bruises, and burns



49292113	5 mL bottle	NPN80060933
\$32.33 retail	\$24.25 wholesale	20 PV



Lavender Top seller

ESSENTIAL OIL

Lavandula angustifolia

Lavender is often considered a must-have oil to keep on hand at all times due to its versatile uses, including its calming properties.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy to help relieve headaches
- Used in aromatherapy as a nervine and calmatve



30112113	15 mL bottle	NPN80061038
\$39.33 retail	\$29.50 wholesale	24.5 PV

Helichrysum

ESSENTIAL OIL

Helichrysum italicum

Helichrysum is a small perennial herb with narrow, silver leaves and flowers that form a cluster of golden yellow, ball-shaped blossoms. Helichrysum has been used in herbal health practices since ancient Greece and the oil is highly valued and sought after for its many health benefits.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy to help relieve colds and cough
- Used in aromatherapy for symptomatic relief of eczema and dermatitis



30412113	5 mL bottle	NPN80060963
\$119.67 retail	\$89.75 wholesale	63.5 PV

Lemon Top seller

ESSENTIAL OIL

Citrus limon

The cleansing, purifying, and invigorating properties of Lemon make it ideal to help relieve colds and coughs. It is one of the most versatile oils, not to mention the top-selling essential oil that dōTERRA offers.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy to help relieve colds and cough



30122113	15 mL bottle	NPN80060961
\$18.67 retail	\$14.00 wholesale	11.5 PV

Lemongrass

ESSENTIAL OIL

Cymbopogon flexuosus

A tall perennial plant, Lemongrass essential oil promotes healthy digestion and is an ideal oil to use in massage therapy for its ability to help relieve joint and muscle pain.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a carminative and antispasmodic for symptomatic relief of digestive discomfort
- Used in aromatherapy to help relieve joint and muscle pain associated with sprain, strain, and rheumatoid arthritis



60202173	15 mL bottle	NPN80073544
\$17.00 retail	\$12.75 wholesale	10.5 PV

Lime

ESSENTIAL OIL

Citrus aurantifolia

Cold-pressed from the peel of fresh limes, Lime is frequently used in body cleansers for its purifying properties and can be used for symptomatic relief of acne and boils.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy to help relieve colds and cough
- Used in aromatherapy for symptomatic relief of acne and boils



30872113	15 mL bottle	NPN80060938
\$22.33 retail	\$16.75 wholesale	14 PV

Myrrh

ESSENTIAL OIL

Commiphora myrrha

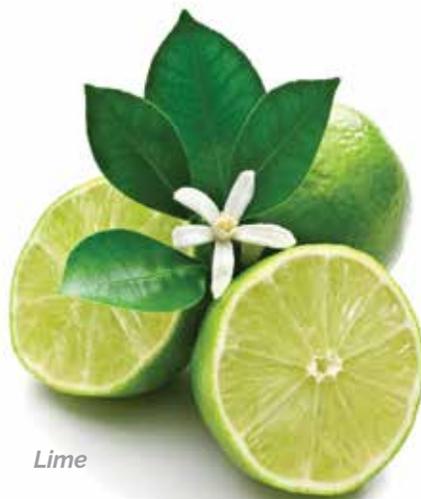
Ancient records show that Myrrh was deemed so valuable that at times it was valued at its weight in gold. Myrrh essential oil is derived from the gummy resin of the small, thorny Myrrh tree and is soothing to the skin.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy to help relieve colds and cough
- Used in aromatherapy to relieve minor skin irritation, cuts, bruises and burns



30162113	15 mL bottle	NPN80060962
\$101.00 retail	\$75.75 wholesale	53 PV



Lime

Patchouli

ESSENTIAL OIL

Pogostemon cablin

A member of the mint family, Patchouli is known to help with skin imperfections while also providing symptomatic relief of digestive discomfort.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a nervine and calmative
- Used in aromatherapy to relieve minor skin irritation, cuts, bruises, and burns



30892113	15 mL bottle	NPN80060989
\$48.00 retail	\$36.00 wholesale	30 PV

Peppermint

Top seller

ESSENTIAL OIL

Mentha x piperita

Consistently one of dōTERRA's best sellers, Peppermint oil has a wide range of benefits from freshening breath to an energizing aroma. Peppermint essential oil is always useful to have on hand.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a carminative and antispasmodic to relieve symptoms of digestive discomfort
- Traditionally used in herbal medicine to help relieve nausea and vomiting



30192113	15 mL bottle	NPN80061370
\$37.67 retail	\$28.25 wholesale	23.5 PV

Peppermint Beadlet Top seller

Experience a refreshing, invigorating burst of Peppermint in the convenience of a dissolving beadlet.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a carminative and antispasmodic to relieve symptoms of digestive discomfort
- Traditionally used in herbal medicine to help relieve nausea and vomiting



31571813	125 beadlets	NPN80078395
\$21.33 retail	\$16.00 wholesale	13 PV

Petitgrain

ESSENTIAL OIL

Citrus aurantium

Petitgrain has a fresh, slightly herbaceous aroma and a variety of uses.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a nervine and calmative
- Used in aromatherapy to help relieve joint and muscle pain associated with sprain, strain, and rheumatoid arthritis



60200722	15 mL bottle	NPN80072499
\$42.67 retail	\$32.00 wholesale	26.5 PV

Roman Chamomile

ESSENTIAL OIL

Anthemis nobilis

Roman Chamomile grows close to the ground, reaching only up to a foot in height. It has gray-green leaves, flowers that resemble a daisy, and smells like apple. While the most common use of chamomile is in teas, Roman Chamomile can also be found in face creams, hair dyes, shampoos, and perfumes.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a nervine and calmative
- Used in aromatherapy as a carminative and antispasmodic for symptomatic relief of digestive discomfort



60200810	5 mL bottle	NPN80072461
\$61.60 retail	\$46.20 wholesale	38 PV

Sandalwood (Indian)

ESSENTIAL OIL

Santalum album

The sweet, woody aroma of Sandalwood is a reflection of the soothing benefits of the essential oil—which can be used to help relieve headaches, colds, coughs, and digestive discomfort.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a nervine and calmative
- Used in aromatherapy to help relieve colds and cough



30212113	5 mL bottle	NPN80060977
\$119.67 retail	\$89.75 wholesale	63.5 PV

Tea Tree Top seller

ESSENTIAL OIL

Melaleuca alternifolia

The leaves of the Melaleuca tree were used by the Aborigines of Australia for centuries. They would crush the leaves and inhale the oil to promote feelings of clear breathing. Today, Tea Tree can be used in aromatherapy ideal to help relieve colds.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy to help relieve colds and cough



30152113	15 mL bottle	NPN80060950
\$36.00 retail	\$27.00 wholesale	22.5 PV

Wild Orange Top seller

ESSENTIAL OIL

Citrus sinensis

Cold pressed from the peel, Wild Orange is one of dōTERRA's top-selling essential oils due to its calming aroma and health benefits.

NATURAL HEALTH PRODUCT USES:

- Used in aromatherapy as a nervine and calmative
- Used in aromatherapy as a carminative and antispasmodic for symptomatic relief of digestive discomfort



30172113	15 mL bottle	NPN80060970
\$17.00 retail	\$12.75 wholesale	10.5 PV

NHP SINGLE ESSENTIAL OILS

Quick Reference

	APPLICATION			SKIN SENSITIVITY			SKU	RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
BERGAMOT <i>Citrus bergamia</i>	A	T			S		30792113	\$51.33	\$38.50	32
CARDAMOM <i>Elettaria cardamomum</i>	A	T		N			49352113	\$44.33	\$33.25	27.5
CLARY SAGE <i>Salvia sclarea</i>	A	T		N			30422113	\$62.33	\$46.75	38.5
CLOVE BUD <i>Syzygium aromaticum</i>	A	T				D	60201514	\$27.33	\$20.50	17
CYPRESS <i>Cupressus sempervirens</i>	A	T		N			30052113	\$26.67	\$20.00	16.5
GINGER <i>Zingiber officinale</i>	A	T			S		31632113	\$70.00	\$52.50	43.5
GRAPEFRUIT <i>Citrus paradisi</i>	A	T		N			30102113	\$30.67	\$23.00	19
HELICHRYSUM <i>Helichrysum italicum</i>	A	T		N			30412113	\$119.67	\$89.75	63.5
JUNIPER BERRY <i>Juniperus communis</i>	A	T		N			49292113	\$32.33	\$24.25	20
LAVENDER <i>Lavandula angustifolia</i> Top seller	A	T	I	N			30112113	\$39.33	\$29.50	24.5
LEMON <i>Citrus limon</i> Top seller	A	T		N			30122113	\$18.67	\$14.00	11.5
LEMONGRASS <i>Cymbopogon flexuosus</i>	A	T				D	60202173	\$17.00	\$12.75	10.5
LIME <i>Citrus aurantifolia</i>	A	T			S		30872113	\$22.33	\$16.75	14
MYRRH <i>Commiphora myrrha</i>	A	T		N			30162113	\$101.00	\$75.75	53
PATCHOULI <i>Pogostemon cablin</i>	A	T		N			30892113	\$48.00	\$36.00	30
PEPPERMINT <i>Mentha x piperita</i> Top seller	A	T	I	N			30192113	\$37.67	\$28.25	23.5
PEPPERMINT BEADLET Top seller			I				31571813	\$21.33	\$16.00	13
PETITGRAIN <i>Citrus aurantium</i>	A	T			S		60200722	\$42.67	\$32.00	26.5
ROMAN CHAMOMILE <i>Anthemis nobilis</i>	A	T		N			60200810	\$61.60	\$46.20	38
SANDALWOOD <i>Santalum album</i>	A	T		N			30212113	\$119.67	\$89.75	63.5
TEA TREE <i>Melaleuca alternifolia</i> Top seller	A	T		N			30152113	\$36.00	\$27.00	22.5
WILD ORANGE <i>Citrus sinensis</i> Top seller	A	T		N			30172113	\$17.00	\$12.75	10.5

APPLICATION METHODS

A Can be used aromatically T Can be used topically I Can be used internally

SKIN SENSITIVITY

N Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)



dōTERRA® | FAMILY ESSENTIALS



Family Essentials Top Seller!

The dōTERRA Family Essentials contains ten essential oils and blends—the essentials that parents can use on a daily basis for their families.

- Essential Oil Singles: Frankincense, Lavender, Lemon, Oregano, Peppermint, Tea Tree
- Essential Oil Blends: Deep Blue®, Easy Air®, On Guard®, ZenGest®

60204086	Ten 5 mL bottles
\$219.00 retail	\$164.25 wholesale 125 PV



Frankincense
resin



Frankincense

ESSENTIAL OIL

Frankincense is one of the most prized and precious oils. The ancient Egyptians used Frankincense resin for everything from perfume to skin care. This centuries-old knowledge contributes to the modern uses of Frankincense today. Its soothing and beautifying properties are used to rejuvenate skin and reduce the appearance of skin imperfections.

COSMETIC USES:

- Massage Frankincense into hands and feet for a warm, soothing effect after strenuous activity
- Apply Frankincense to cuticles and nailbeds to maintain healthy-looking fingernails and toenails



Lavender (NHP)

ESSENTIAL OIL

THERAPEUTIC USES:

- Used in aromatherapy to help relieve headaches
- Used in aromatherapy as a nervine and calmative
- Used in aromatherapy to help relieve colds and cough

*NPN 80061038



Lemon

ESSENTIAL OIL

COSMETIC USES:

- Add to hand soap to help eliminate grease after working on a car or bike

FOOD USES:

- Use in favorite dessert recipes for a refreshing citrus flavor

HOUSEHOLD USES:

- Add to a spray bottle of water to clean tables, counter tops, and other surfaces



Peppermint (NHP)

ESSENTIAL OIL

THERAPEUTIC USES:

- Used in aromatherapy as a nervine and calmative
- Used in aromatherapy as a carminative and antispasmodic to relieve symptoms of digestive discomfort
- Used in aromatherapy to help relieve colds and coughs

*NPN 80061370



Tea Tree (NHP)

ESSENTIAL OIL

THERAPEUTIC USES:

- Used in aromatherapy to help relieve colds and cough

*NPN 80060950





Oregano
ESSENTIAL OIL

COSMETIC USES:

- Dilute with Fractionated Coconut Oil and apply to cuticles and nailbeds to maintain healthy-looking fingernails and toenails

FOOD USES:

- Replace one tablespoon of dry oregano with one drop in Italian dishes



Deep Blue®
ESSENTIAL OIL BLEND

COSMETIC USES:

- Dilute Deep Blue with Fractionated Coconut Oil and massage into growing kid's legs

HOUSEHOLD USES:

- Diffuse for an invigorating scent during a workout



Easy Air®
ESSENTIAL OIL BLEND

COSMETIC USES:

- Add three drops to shower floor for an aroma that promotes vitality

HOUSEHOLD USES:

- Diffuse during changing seasons for a relaxing aroma



ZenGest®
ESSENTIAL OIL BLEND

COSMETIC USES:

- Use topically before a long flight or road trip for a calming aroma

FOOD USES:

- Add one drop to water after enjoying a large meal



On Guard®
ESSENTIAL OIL BLEND

FOOD USES:

- Combine with honey and warm water to create a soothing herbal tea

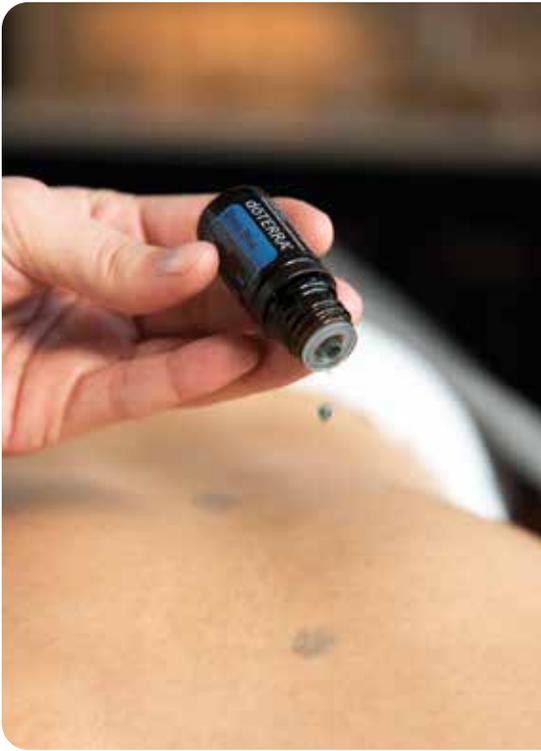
HOUSEHOLD USES:

- Diffuse to cleanse the air and provide a sweet, spicy aroma



Clove





aromatouch[®] TECHNIQUE

STEP 1



STEP 2



STEP 3



STEP 4





The dōTERRA AromaTouch® Technique is a simple step-by-step method of applying essential oils topically to produce a profound overall wellness experience.

The AromaTouch Technique Collection includes eight 5 mL bottles of Balance®, Lavender, Tea Tree, On Guard®, AromaTouch®, Deep Blue®, Wild Orange, Peppermint, and a 115 mL bottle of Fractionated Coconut Oil. The collection also includes an overview booklet in a beautiful presentation box.

Equally compelling to novice users and licensed professionals, the AromaTouch Technique represents an exciting new era of essential oil application and benefits.

AromaTouch Technique Collection

The dōTERRA AromaTouch Technique is a simple step-by-step method of applying tested grade essential oils topically to produce a profound overall wellness experience.

60203910	Eight 5 mL bottles and one 115 mL bottle
\$175.00 retail	\$131.25 wholesale 108.5 PV



"I love doing the AromaTouch Technique on moms and dads so they can learn how to do the same for their families. It is a win-win situation."

Peggy S., Utah, USA

dōTERRA ESSENTIAL AROMATICS®

dōTERRA Essential Aromatics® contains six unique essential oil blends that have been carefully formulated to provide targeted benefits. Each delicate blend contains essential oils that can be used aromatically or topically to help balance and promote overall well-being. Just a few drops of these complex, fragrant blends can elicit profound responses.

dōTERRA Essential Aromatics® Collection

60203916	Six 5 mL bottles
\$270.33 retail	\$202.75 wholesale 158.5 PV



dōTERRA ESSENTIAL AROMATICS COLLECTION USE INSTRUCTIONS

- Use aromatically in an essential oil diffuser
- Apply 1 or 2 drops in your palms, rub hands together, cup in front of your nose, and inhale deeply (do not touch eyes)
- Dilute and apply topically to aromatherapy touch points such as the back of the neck, the wrists, and over the heart



dōTERRA Motivate®
ESSENTIAL OIL BLEND

Enjoy the uplifting and energizing aroma of the dōTERRA Motivate blend of mint and citrus essential oils.

COSMETIC USES:

- Use topically before a sporting event or other competitions

HOUSEHOLD USES:

- Diffuse when working on a project for an energizing aroma that will keep you motivated



31741713	5 mL bottle
\$39.33 retail	\$29.50 wholesale
	24.5 PV



dōTERRA Cheer®
ESSENTIAL OIL BLEND

The dōTERRA Cheer blend of citrus and spice essential oils provides a cheerful and happy fragrance that will brighten any day.

COSMETIC USES:

- Apply to a cotton ball and place in car's AC vent for an energizing aroma while driving

HOUSEHOLD USES:

- Diffuse to promote a positive, uplifting environment



31721713	5 mL bottle
\$42.67 retail	\$32.00 wholesale
	26.5 PV



dōTERRA Peace®
ESSENTIAL OIL BLEND

The dōTERRA Peace blend of floral and mint essential oils is a positive reminder you don't have to be perfect to find peace. Slow down, take a deep breath, and reconnect with the composed, collected you.

COSMETIC USES:

- Add to Fractionated Coconut Oil and use in a soothing massage

HOUSEHOLD USES:

- Diffuse for a comforting aroma during times of difficulty



31711713	5 mL bottle
\$51.33 retail	\$38.50 wholesale
	32 PV



dōTERRA Forgive®
ESSENTIAL OIL BLEND

dōTERRA Forgive is a blend of tree and herb essential oils that provides a refreshing, grounding aroma.

COSMETIC USES:

- Add a drop to a warm bath for a soothing experience

HOUSEHOLD USES:

- Apply to a cotton ball and place in car's AC vent for a calming aroma



31751713	5 mL bottle
\$34.33 retail	\$25.75 wholesale
	21.5 PV



dōTERRA Console®
ESSENTIAL OIL BLEND

dōTERRA Console uses sweet floral and tree essential oils to create a comforting aroma, putting you on a hopeful path.

COSMETIC USES:

- Apply to neck and wrists for an encouraging aroma

HOUSEHOLD USES:

- Diffuse for a comforting aroma



31731713	5 mL bottle
\$63.33 retail	\$47.50 wholesale
	39.5 PV



dōTERRA Passion®
ESSENTIAL OIL BLEND

When feelings of boredom and disinterest take over, dōTERRA Passion will help you with its spicy, herbaceous, enlivening aroma.

COSMETIC USES:

- Use during a massage for a passionate fragrance

HOUSEHOLD USES:

- Diffuse for a fragrance that will spark creativity



31761713	5 mL bottle
\$57.89 retail	\$43.42 wholesale
	36 PV



Cardamom



dōTERRA YOGA COLLECTION

The Yoga collection consists of dōTERRA Anchor®, dōTERRA Affirm™, and dōTERRA Arise®; the perfect trio to enhance your life and yoga practice. These blends provide steadying, centering, and enlightening aromas to support your spirit through every breath. Combining the best of yoga and aromatherapy, the dōTERRA Yoga Collection is the perfect addition to your routine.



***dōTERRA* Yoga Collection**

Comprised of exclusive CPTC® essential oil blends, the dōTERRA Yoga Collection is the perfect addition to your yoga practice and daily life. These blends provide steadying, centering, and enlightening aromas to support your spirit through every breath while you strengthen and stretch your body.

60207904	Three 5 mL bottles
\$89.00 retail	\$66.75 wholesale 53 PV



dōTERRA Anchor®
STEADYING BLEND

dōTERRA Anchor Steadying Blend promotes a firm trust in yourself so you can approach both your practice and life with calm strength.

- Apply to ankles, base of spine, and bottoms of feet to promote feelings of completeness and calmness
- Use with the following yoga poses: Seated Meditation, Seated Twist, and Bhujangasana (one hand on the heart, the other on the Earth)
- Can be used during yoga practice or any time during your day



60207901	5 mL bottle
\$34.33 retail	\$25.75 wholesale
	21.5 PV



dōTERRA Affirm™
CENTERING BLEND

dōTERRA Affirm Centering Blend can help you remain steady and remember your own worth.

- Apply over heart, wrists, and back of neck to promote feelings of self-acceptance and fluidity
- Use with the following yoga poses: Warrior II, Triangle, and Gate pose
- Can be used during yoga practice or any time during your day



60207902	5 mL bottle
\$29.00 retail	\$21.75 wholesale
	18 PV



dōTERRA Arise®
ENLIGHTENING BLEND

The dōTERRA Arise Enlightening Blend supports stability, endurance, and courage as you move forward to face the day's challenges.

- Apply to temples, wrists, and neck for a joyful, encouraging aroma
- Inhale when challenging yourself to achieve the next level
- Use with the following yoga poses: standing, arms high, standing side stretch, and Half Moon
- Can be used during yoga practice or any time during your day



60207903	5 mL bottle
\$32.33 retail	\$24.25 wholesale
	20 PV



dōTERRA® KIDS COLLECTION

Made up of seven unique kid-friendly blends, the dōTERRA Kids Collection is perfect for using with little ones on-the-go! It contains blends formulated specifically for navigating the ups-and-downs of childhood. These fun, pre-diluted essential oil blends are the perfect way to safely introduce your children to the many benefits of essential oils.



dōTERRA Kids Collection New!

60211161	Seven 10 mL roll-ons
\$179.67 retail	\$134.75 wholesale 95.5 PV





Thinker™
FOCUS BLEND

Suitable for daily use, Thinker is the optimal support to use when distractions are high. Its unique, clarifying aroma helps to promote a sense of calm and positivity.

- Features Vetiver, Peppermint, Clementine, and Rosemary perfectly combined with Fractionated Coconut Oil
- Roll onto wrists or hands and inhale deeply



60207645	10 mL roll-on
\$27.33 retail	\$20.50 wholesale
	17 PV



Calmer™
RESTFUL BLEND

Whenever you need to quiet restlessness, roll Calmer onto the bottoms of your feet and onto your wrists. Climb into bed, take a deep breath, and enjoy the uplifting, calming aroma of Calmer.

- Features Lavender, Cananga, Buddha Wood, and Roman Chamomile in a base of Fractionated Coconut Oil
- Roll onto wrists, back of neck, or the bottoms of feet and inhale deeply



60207640	10 mL roll-on
\$32.33 retail	\$24.25 wholesale
	20 PV



Rescuer™
SOOTHING BLEND

Rescuer promotes a relaxing sensation, while also providing a comforting, soothing aroma.

- Features Copaiba, Lavender, Spearmint, and Zanthoxylum in a base of Fractionated Coconut Oil
- Roll Rescuer onto children's legs before bedtime, or after a strenuous activity
- Massage into shoulders, neck, and back for a comforting experience



60207642	10 mL roll-on
\$25.67 retail	\$19.25 wholesale
	16 PV



Stronger™
PROTECTIVE BLEND

Stronger is the ideal companion for those times when you are not feeling your best. The strengthening, grounding aroma provides an added aromatic boost whenever you need a sense of wellbeing.

- Features Cedarwood, Litsea, Frankincense, and Rose Extract in a base of Fractionated Coconut Oil
- Apply topically for a rejuvenating effect on the skin and an overall sense of wellbeing



60207644	10 mL roll-on
\$24.00 retail	\$18.00 wholesale
	15 PV



Wild Orange



Tamer™ New!

TUMMYZEN BLEND

Soothing and sweet, the aroma of Tamer is a gentle, easy way to support a soothing massage whenever you need a little bit of comfort.

- Features Copaiba, Lavender, Spearmint, and Zanthoxylum in a base of Fractionated Coconut Oil
- Roll onto stomach after a large meal for a soothing abdominal massage
- Apply to back of neck for a comforting aroma



60210258	10 mL roll-on
\$25.67 retail	\$19.25 wholesale
	16 PV



Brave™

COURAGE BLEND

With a bright and warm aroma, Brave is the perfect blend to invigorate and empower you when you are feeling unmotivated.

- Features Wild Orange, Amyris, Osmanthus, and Cinnamon Bark in a base of Fractionated Coconut Oil
- Apply to wrists and back of neck for an encouraging, invigorating aroma
- Apply to wrists, bring to nose, and inhale deeply for an aroma of confidence and positivity



60207641	10 mL roll-on
\$36.00 retail	\$27.00 wholesale
	22.5 PV



Steady™

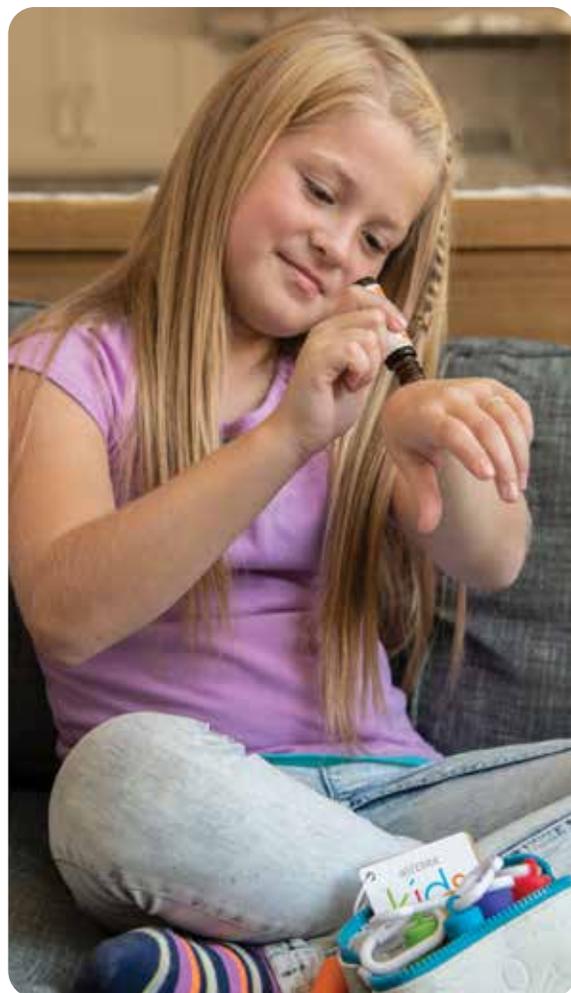
GROUNDING BLEND

Perfect for daily use or as needed, Steady Grounding Blend has a soft, inviting, and slightly fruity aroma that promotes a relaxing environment, allowing yourself to find balance.

- Features Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil
- Roll onto back of wrists for a tranquil, peaceful aroma when feeling nervous
- Apply to the back of the neck or bottoms of the feet after an event-filled day



60207643	10 mL roll-on
\$25.67 retail	\$19.25 wholesale
	16 PV



dōTERRA TOUCH® COLLECTION

Protecting sensitive skin while still delivering the benefits found in essential oils is not just a matter of science, it's an art. Featuring nine of our most popular oils in a base of Fractionated Coconut Oil, dōTERRA Touch makes application simple with 10 mL roll-ons. They're ready to use so that you can start benefiting from essential oils immediately, and are perfect for both children and adults. Enjoy the convenience and benefits of dōTERRA Touch!



dōTERRA Touch® Collection

Includes nine of our most popular essential oils:

- Essential Oil Singles: Frankincense, Lavender, Oregano, Peppermint, Tea Tree.
- Essential Oil Blends: Deep Blue®, Easy Air®, On Guard®, ZenGest®

60200639	Nine 10 mL roll-ons
\$296.33 retail	\$222.25 wholesale 174 PV



Osmanthus





**dōTERRA Touch®
Lavender**

ESSENTIAL OIL BLEND

Enjoy the benefits of Lavender in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Apply to bottom of feet at the end of a long day for a relaxing aroma that promotes a peaceful environment



60200459	10 mL roll-on
\$25.67 retail	\$19.25 wholesale
	16 PV



**dōTERRA Touch®
On Guard®**

ESSENTIAL OIL BLEND

Enjoy the benefits of On Guard in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Rub on hands as a cleanser



60200457	10 mL roll-on
\$37.67 retail	\$28.25 wholesale
	23.5 PV



**dōTERRA Touch®
Frankincense**

ESSENTIAL OIL BLEND

Enjoy the benefits of Frankincense in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Massage onto hands and feet for a warm, soothing effect after strenuous activity
- Apply to cuticles and nailbeds to maintain healthy-looking fingernails and toenails



60200575	10 mL roll-on
\$77.67 retail	\$58.25 wholesale
	48 PV



**dōTERRA Touch®
Tea Tree**

ESSENTIAL OIL BLEND

Enjoy the benefits of Tea Tree in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Apply to underarms as a naturally-sourced deodorant
- Apply to tired, dry, or cracked feet



60200460	10 mL roll-on
\$21.33 retail	\$16.00 wholesale
	13 PV





dōTERRA Touch® ZenGest®

ESSENTIAL OIL BLEND

Enjoy the benefits of ZenGest in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Use topically before a long flight or road trip for a calming aroma
- Use in a soothing abdominal massage



60200463	10 mL roll-on
\$37.67 retail	\$28.25 wholesale
	23.5 PV



dōTERRA Touch® Easy Air®

ESSENTIAL OIL BLEND

Enjoy the benefits of Easy Air in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Use topically before outdoor activity
- Apply topically to chest and under nose for an invigorating aroma



60200456	10 mL roll-on
\$24.00 retail	\$18.00 wholesale
	15 PV



dōTERRA Touch® Peppermint

ESSENTIAL OIL BLEND

Enjoy the benefits of Peppermint in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Massage into the back of neck and shoulders for a relaxing massage



60200461	10 mL roll-on
\$24.67 retail	\$18.50 wholesale
	15.5 PV



dōTERRA Touch® Oregano

ESSENTIAL OIL BLEND

Enjoy the benefits of Oregano in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Rub into hands as a cleansing agent (avoid contact with eyes or sensitive areas after application)



60200462	10 mL roll-on
\$24.67 retail	\$18.50 wholesale
	15.5 PV



dōTERRA Touch® Deep Blue®

ESSENTIAL OIL BLEND

Enjoy the benefits of Deep Blue in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Massage into lower back



60200458	10 mL roll-on
\$73.67 retail	\$55.25 wholesale
	45.5 PV



Oregano

dōTERRA ESSENTIAL AROMATICS® TOUCH

The dōTERRA Essential Aromatics Touch Collection contains six unique essential oil blends combined with Fractionated Coconut Oil in 10 mL roll-ons for convenient and gentle topical application. These proprietary blends provide benefits for the entire family and can be applied every day to specific points on the body, especially to aromatherapy touch points.



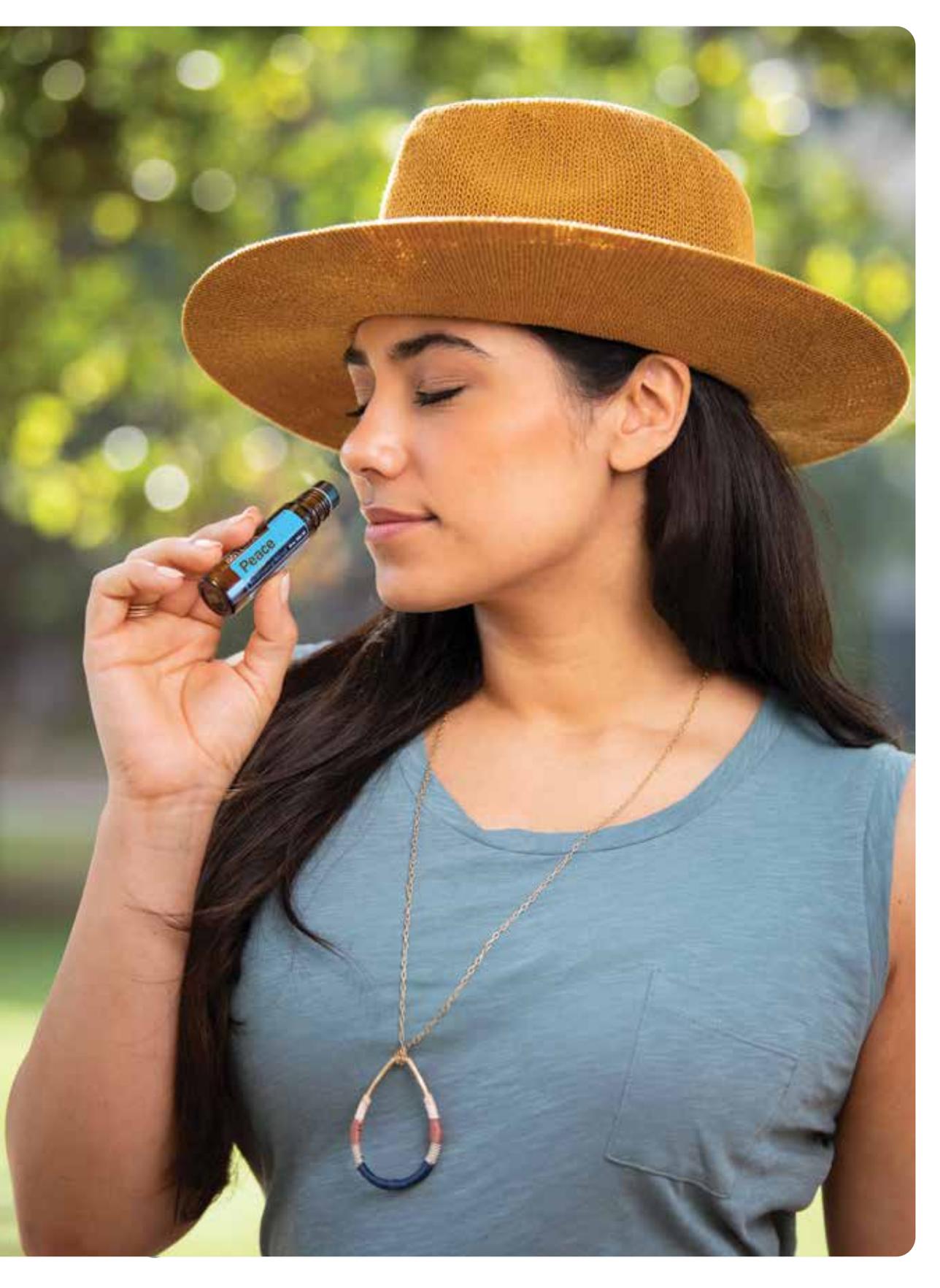
dōTERRA Essential Aromatics® Touch Collection

60200720	Six 10 mL roll-ons
\$173.33 retail	\$130.00 wholesale 107.5 PV

dōTERRA ESSENTIAL AROMATICS TOUCH POINTS

Each dōTERRA Essential Aromatics® Touch blend can be applied specifically on the body to your aromatherapy touch points, or to other areas of the body, as you see fit.

- Rub dōTERRA Motivate® Touch into your temples
- Rub dōTERRA Cheer® Touch over your heart
- Apply dōTERRA Passion® Touch on your wrists
- Rub dōTERRA Forgive® Touch on the soles of your feet
- Massage dōTERRA Console® Touch into your shoulders
- Apply dōTERRA Peace® Touch to your wrists





dōTERRA Motivate® Touch
ESSENTIAL OIL BLEND

Enjoy the benefits of dōTERRA Motivate in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Apply to neck or shirt collar before a presentation
- Place on bottoms of feet in the morning before a long workday



60200717	10 mL roll-on
\$25.67 retail	\$19.25 wholesale
	16 PV



dōTERRA Cheer® Touch
ESSENTIAL OIL BLEND

Enjoy the benefits of dōTERRA Cheer in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Apply to neck and wrists for an elevating aroma
- Use in conjunction with a full body massage for an invigorating experience



60200715	10 mL roll-on
\$27.67 retail	\$20.75 wholesale
	17 PV



dōTERRA Passion® Touch
ESSENTIAL OIL BLEND

Enjoy the benefits of dōTERRA Passion in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Apply to wrists and heart throughout the day
- Place on bottoms of feet in the morning for an energizing foot massage



60200713	10 mL roll-on
\$46.67 retail	\$35.00 wholesale
	29 PV



dōTERRA Forgive® Touch
ESSENTIAL OIL BLEND

Enjoy the benefits of dōTERRA Forgive in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Use during a massage to for a serene aroma
- Apply to neck and wrists for a grounding and renewing aroma



60200716	10 mL roll-on
\$22.33 retail	\$16.75 wholesale
	14 PV



**dōTERRA Console®
Touch**

ESSENTIAL OIL BLEND

Enjoy the benefits of dōTERRA Console in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Place on bottoms of feet in the morning for a calming foot rub
- Apply to neck and wrists for an encouraging aroma



60200719	10 mL roll-on
\$41.00 retail	\$30.75 wholesale
	25.5 PV



**dōTERRA Peace®
Touch**

ESSENTIAL OIL BLEND

Enjoy the benefits of dōTERRA Peace in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Apply to neck and wrists for a peaceful fragrance
- Place on bottoms of feet in the morning for a relaxing aroma



60200718	10 mL roll-on
\$34.33 retail	\$25.75 wholesale
	21.5 PV



COLLECTION

Quick References

	APPLICATION			SKIN SENSITIVITY			SKU	RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
FAMILY ESSENTIALS COLLECTION							60204086	\$219.00	\$164.25	125
AROMATOUGH TECHNIQUE COLLECTION							60203910	\$175.00	\$131.25	108.5
dōTERRA ESSENTIAL AROMATICS® COLLECTION							60203916	\$270.33	\$202.75	158.5
dōTERRA MOTIVATE® Essential Oil Blend	A	T			S		31741713	\$39.33	\$29.50	24.5
<i>Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, Vanilla Absolute</i>										
dōTERRA CHEER® Essential Oil Blend	A	T			S		31721713	\$42.67	\$32.00	26.5
<i>Wild Orange, Clove, Star Anise, Lemon Myrtle, Nutmeg, Vanilla Absolute, Ginger, Cinnamon Bark, Zdravetz</i>										
dōTERRA PASSION® Essential Oil Blend	A	T			S		31761713	\$57.89	\$43.42	36
<i>Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine Absolute, Vanilla Absolute, Damiana</i>										
dōTERRA FORGIVE® Essential Oil Blend	A	T			S		31751713	\$34.33	\$25.75	21.5
<i>Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arborvitae, Nootka Tree, Thyme, Citronella</i>										
dōTERRA CONSOLE® Essential Oil Blend	A	T		N			31731713	\$63.33	\$47.50	39.5
<i>Frankincense, Patchouli, Ylang Ylang, Labdanum Absolute, Amyris, Sandalwood, Rose, Osmanthus Extract</i>										
dōTERRA PEACE® Essential Oil Blend	A	T		N			31711713	\$51.33	\$38.50	32
<i>Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum Absolute, Spearmint</i>										



COLLECTION

Quick References

	APPLICATION			SKIN SENSITIVITY			SKU	RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
dōTERRA YOGA COLLECTION							60207904	\$89.00	\$66.75	53
dōTERRA ANCHOR® <i>Steadying Blend</i> NEW!	A	T		N			60207901	\$34.33	\$25.75	21.5
<i>Fractionated Coconut Oil, Lavender, Cedarwood, Frankincense, Cinnamon, Sandalwood, Black Pepper, Patchouli</i>										
dōTERRA AFFIRM™ <i>Centering Blend</i> NEW!	A	T		N			60207902	\$29.00	\$21.75	18
<i>Fractionated Coconut Oil, Bergamot, Coriander, Marjoram, Peppermint, Geranium, Basil, Rose, Jasmine</i>										
dōTERRA ARISE® <i>Enlightening Blend</i> NEW!	A	T		N			60207903	\$32.33	\$24.25	20
<i>Fractionated Coconut Oil, Lemon, Grapefruit, Siberian Fir, Osmanthus, Melissa</i>										
dōTERRA KIDS COLLECTION							60211161	\$162.33	\$121.75	90
THINKER™ <i>Focus Blend</i>	A	T		N			60207645	\$27.33	\$20.50	17
<i>Fractionated Coconut Oil, Vetiver, Clementine, Peppermint, Rosemary</i>										
CALMER™ <i>Restful Blend</i>	A	T		N			60207640	\$32.33	\$24.25	20
<i>Fractionated Coconut Oil, Lavender, Cananga, Buddha Wood, Roman Chamomile</i>										
STRONGER™ <i>Protective Blend</i>	A	T		N			60207644	\$24.00	\$18.00	15
<i>Fractionated Coconut Oil, Cedarwood, Litsea, Frankincense, Rose Extract</i>										
RESCUER™ <i>Soothing Blend</i>	A	T		N			60207642	\$25.67	\$19.25	16
<i>Fractionated Coconut Oil, Lavender, Spearmint, Copaiba, Zanthoxylum</i>										
STEADY™ <i>Grounding Blend</i>	A	T		N			60207643	\$25.67	\$19.25	16
<i>Fractionated Coconut Oil, Amyris, Balsam Fir, Coriander, Magnolia</i>										
BRAVE™ <i>Courage Blend</i>	A	T		N			60207641	\$36.00	\$27.00	22.5
<i>Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum Absolute, Spearmint</i>										
TAMER™ <i>TummyZen Blend</i> NEW!	A	T		N			60210258	\$25.67	\$19.25	16
<i>Fractionated Coconut Oil, Spearmint, Japanese Peppermint, Ginger, Black Pepper, Parsley Seed</i>										

APPLICATION METHODS	A Can be used aromatically	T Can be used topically	I Can be used internally
SKIN SENSITIVITY	N Can be used topically with no dilution (NEAT)	S Dilute for young or sensitive skin (SENSITIVE)	D Dilute before using topically (DILUTE)

COLLECTION

Quick References

	APPLICATION			SKIN SENSITIVITY			SKU	RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
dōTERRA TOUCH® COLLECTION							60200639	\$296.33	\$222.25	174
dōTERRA TOUCH® LAVENDER	A	T		N			60200459	\$25.67	\$19.25	16
dōTERRA TOUCH ON GUARD®	A	T		N			60200457	\$37.67	\$28.25	23.5
dōTERRA TOUCH FRANKINCENSE	A	T		N			60200575	\$77.67	\$58.25	48
dōTERRA TOUCH TEA TREE	A	T		N			60200460	\$21.33	\$16.00	13
dōTERRA TOUCH ZENGEST®	A	T		N			60200463	\$37.67	\$28.25	23.5
dōTERRA TOUCH EASY AIR®	A	T		N			60200456	\$24.00	\$18.00	15
dōTERRA TOUCH PEPPERMINT	A	T		N			60200461	\$24.67	\$18.50	15.5
dōTERRA TOUCH OREGANO	A	T		N			60200462	\$24.67	\$18.50	15.5
dōTERRA TOUCH DEEP BLUE®	A	T		N			60200458	\$73.67	\$55.25	45.5

dōTERRA ESSENTIAL AROMATICS® TOUCH COLLECTION							60200720	\$173.33	\$130.00	107.5
dōTERRA MOTIVATE® TOUCH <i>Essential Oil Blend</i>	A	T		N			60200717	\$25.67	\$19.25	16
dōTERRA CHEER® TOUCH <i>Essential Oil Blend</i>	A	T		N			60200715	\$27.67	\$20.75	17
dōTERRA PASSION® TOUCH <i>Essential Oil Blend</i>	A	T		N			60200713	\$46.67	\$35.00	29
dōTERRA FORGIVE® TOUCH <i>Essential Oil Blend</i>	A	T		N			60200716	\$22.33	\$16.75	14
dōTERRA CONSOLE® TOUCH <i>Essential Oil Blend</i>	A	T		N			60200719	\$41.00	\$30.75	25.5
dōTERRA PEACE® TOUCH <i>Essential Oil Blend</i>	A	T		N			60200718	\$34.33	\$25.75	21.5

APPLICATION METHODS A Can be used aromatically T Can be used topically I Can be used internally

SKIN SENSITIVITY N Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)



Lavender source fields in Bulgaria.

DIFFUSERS

There are many options for essential oil use, but one of the most common uses is diffusing. dōTERRA offers state-of-the-art diffusers that provide both a functional and beautiful experience while diffusing in the home or workspace.



Lumo™ Dream Collection

New! While supplies last.

Influenced by nature, the Lumo Diffuser features a maple wood base and several light settings inspired by natural elements. Transform any room into a serene or uplifting environment by diffusing CPTG® essential oils with a custom-designed, nature-inspired, ultrasonic diffuser.

- Customizable output—2 to 5 hrs continuous/10 hrs intermittent (5 min. on/5 min. off)
- Coverage of up to 540 square feet
- Now available with the dōTERRA Serenity® blend--while supplies last

60211634	Lumo Diffuser, 15 mL dōTERRA Serenity®
\$119.67 retail	\$89.75 wholesale 42.5 PV



Petal Essential Collection

New! While supplies last.

The Petal Diffuser is a small, user friendly diffuser that delivers aromatic benefits to your family and home. It has a relaxing mist and soft white ambient light, making it ideal for nighttime diffusion, and can cover up to 330 square feet. The Petal Diffuser has three timed settings—2 or 6 hours continuous, and 12 hours intermittent—allowing you to customize the release of essential oils into the air.

- Customizable output and light settings
- Now available with Wild Orange and Lavender essential oils—while supplies last

60211633	Petal 2.0, 5 mL Wild Orange, 5 mL Lavender
\$80.33 retail	\$60.25 wholesale 21 PV



dōTERRA Aroma Lite Diffuser®

Experience the aromatic benefits of dōTERRA CPTG® essential oils with the dōTERRA Aroma Lite Diffuser. Utilizing real-time atomization technology, the dōTERRA Aroma Lite Diffuser creates an ultra-fine mist output of 1–3 microns for maximum diffusion of dōTERRA essential oils.

- Silently and powerfully diffuses essential oils
- Features four LED mist settings and an optional night light
- Designed to be small and compact—perfect for traveling and hotel use

33131713

\$153.67 retail	\$115.25 wholesale	42.5 PV
-----------------	--------------------	---------



Whale Diffuser Limited time offer product

The Whale diffuser creates a calm atmosphere by merging unique light projection, peaceful music, and a kid-friendly design. This diffuser offers a safety feature: when tipped over, it will automatically shut off.

- LED light projection with 5 options including blue, green, red, and warm white light
- Feature can be set to cycle through all 4 colors, a single color, or off
- Features music or ambient noise with 4 options
- Sounds include 3 nature variations + 1 lovely lullaby
- Ultra-fine mist fills a room up to 270 sq. feet in size
- Up to 6 hour run time
- USB Cord

60203277

\$71.67 retail	\$53.75 wholesale	21 PV
----------------	-------------------	-------



Elephant Diffuser Limited time offer product

The Elephant Diffuser creates a calm atmosphere by merging unique light projection, peaceful music, and a kid-friendly design. This diffuser offers a safety feature: when tipped over, it will automatically shut off.

- LED light projection with 5 options including blue, green, red, and warm white light
- Feature can be set to cycle through all 4 colors, a single color, or off
- Features music or ambient noise with 4 options
- Sounds include: 3 nature variations + 1 lovely lullaby
- Ultra-fine mist fills a room up to 270 sq. feet in size
- Up to 6 hour run time
- USB Cord

60206623

\$74.67 retail	\$56.00 wholesale	21 PV
----------------	-------------------	-------

dōTERRA[®]
DEEP BLUE[®]

With unique cooling, soothing, and comforting effects on the skin, products in the Deep Blue Collection are consistently some of dōTERRA's top sellers. Each product in this line is a perfect complement to an active lifestyle.



Deep Blue® Top Seller

ESSENTIAL OIL BLEND

Formulated to provide a cooling sensation, Deep Blue serves as an enriching blend of oils perfect for a massage.

COSMETIC USES:

- Dilute Deep Blue with Fractionated Coconut Oil and massage into growing kid's legs

HOUSEHOLD USES:

- Diffuse for an invigorating scent during a workout



31051713	5 mL bottle	
\$56.33 retail	\$42.25 wholesale	35 PV

60201831	10 mL roll-on	
\$101.00 retail	\$75.75 wholesale	58.5 PV

Deep Blue Polyphenol Complex® (NHP) New!

The brand name Deep Blue is synonymous with an active lifestyle. Popular with athletes and active adventurers, the CPTG Certified Pure Tested Grade® essential oil blend and its complementary products are highly trusted among their users. Now the Deep Blue line boasts an ingestible product. The Deep Blue Polyphenol Complex blends polyphenol extracts of frankincense, turmeric, green tea, ginger, pomegranate, and grape seed, a combination designed to support you in your daily activity regimen. Take as needed, or take every day for long-lasting benefits.

- Source of antioxidants
- Helps protect against and reduce oxidative damage caused by free radicals

34361813	60 capsules	NPN80071413
\$101.67 retail	\$76.25 wholesale	63 PV

Deep Blue® Rub

Infused with Deep Blue essential oil blend, Deep Blue Rub provides a soothing and cooling effect on the skin.

- Formulated with the Deep Blue proprietary blend of essential oils and other powerful ingredients
- Deep Blue Rub is blended in a base of moisturizing emollients that leave your skin soft and non-greasy
- Provides a cooling and soothing sensation to targeted areas

38901713	120 mL	
\$54.67 retail	\$41.00 wholesale	32 PV



dōTERRA ON GUARD®

Designed to promote a clean and safe home, the On Guard Collection uses essential oils with specific cleansing properties to help purify your home and provide your family with the healthy environment needed to thrive. From laundry to hygiene or cleaning, the On Guard products are powerful enough to provide serious cleansing benefits for the entire family.



On Guard® Top Seller!

ESSENTIAL OIL BLEND

The On Guard blend has a spicy, energizing, uplifting aroma, and a chemical makeup that has cleansing properties.

COSMETIC USES:

- Dilute with Fractionated Coconut Oil and rub on hands as a natural cleanser

HOUSEHOLD:

- Diffuse to cleanse the air and provide a sweet, spicy aroma
- Create an all-purpose cleaner by combining with water in a spray bottle



31101813	15 mL bottle
\$58.00 retail	\$43.50 wholesale 36 PV



Cinnamon Bark

dōTERRA Touch® On Guard®**ESSENTIAL OIL BLEND**

Enjoy the benefits of On Guard in a base of Fractionated Coconut Oil. Ideal for children and individuals with sensitive skin.

COSMETIC USES:

- Rub on hands as a cleanser



60200457	10 mL roll-on	
\$37.67 retail	\$28.25 wholesale	23.5 PV

On Guard™ Whitening Toothpaste

Clean teeth gently with the added benefit of On Guard Essential Oil Blend.

- Fluoride free formulation
- Unique cinnamon-mint flavour mixed with xylitol for fresh and clean breath and toothbrush
- Boasts the benefits of On Guard® Essential Oil Blend

38911713	125 g tube	
\$14.67 retail	\$11.00 wholesale	5.5 PV

On Guard™ Mouthwash

Add the On Guard Mouthwash to your life as an everyday essential to support oral hygiene. The alcohol-free On Guard Mouthwash was formulated to clean teeth and gums, leaving your breath fresh and your smile bright!

60207971	473 mL bottle	
\$24.67 retail	\$18.50 wholesale	10.5 PV

On Guard™ Natural Whitening Toothpaste Samples, 10-Pack

60206826	10 packs	
\$6.00 retail	\$4.50 wholesale	0 PV



On Guard® Laundry Detergent

The On Guard Laundry Detergent is a naturally based, highly concentrated 6X laundry detergent that utilizes the power of On Guard essential oil blend and bio-originated enzymes for amazingly clean clothes.

- Excellent choice for your family to keep your clothes fresh and clean
- 64 loads in each bottle: 1 tablespoon = 1 load (using a high efficiency washer)
- Great as a pre-treatment for stains

38981713	947 mL bottle	
\$42.00 retail	\$31.50 wholesale	21.5 PV

On Guard® Foaming Hand Wash

On Guard Foaming Hand Wash is a gentle alternative to other soaps that may dry and irritate sensitive skin. Fortified with the power of dōTERRA CPTG Certified Pure Tested Grade® essential oils, On Guard Foaming Hand Wash provides the benefits of one of the most popular proprietary dōTERRA essential oil blends. On Guard Foaming Hand Wash cleans and softens hands while providing an invigorating aroma of essential oils that leaves your hands smelling fresh and citrus clean. Conveniently packaged in a 473 mL refill bottle.

- Gentle cleansers and emollients clean and soften hands throughout the day without drying sensitive skin
- The spice and citrus aromas of On Guard invigorate the senses during and after use

60200596	473 mL bottle, 2 dispensers	
\$38.33 retail	\$28.75 wholesale	19.5 PV

On Guard® Foaming Hand Wash Single Refill

38011713	473 mL bottle	
\$31.67 retail	\$23.75 wholesale	19.5 PV

On Guard® Foaming Hand Wash Twin Pack Refill

60200778	473 mL bottle	
\$57.33 retail	\$43.00 wholesale	35.5 PV

On Guard® Foaming Hand Wash Dispenser

38030000	235 mL dispenser	
\$3.33 retail	\$2.50 wholesale	0 PV

On Guard® Cleaner Concentrate

The ideal cleaner, On Guard Concentrate is fortified with On Guard Essential Oil Blend.

- Features a biodegradable formula safe for the entire family
- Combines plant-based derivatives with the On Guard Essential Oil Blend
- Perfect for hard surface cleaning needs with exceptional results
- Leaves behind a clean, invigorating scent

38141713	355 mL bottle	
\$24.67 retail	\$18.50 wholesale	10.5 PV

On Guard™ Mist

One of dōTERRA's most popular essential oil blends, On Guard provides an invigorating citrus-spice aroma and contains surface cleansing properties. The On Guard Mist, infused with On Guard® and moisturizing apple extract, cleanses hands when soap and water are unavailable. Conveniently packaged in a travel-sized bottle, the On Guard Mist is perfect for use on the go.

- Use to cleanse hands after touching gym equipment, door handles, shopping carts, or other communal surfaces
- Spray in gym bag, shoes, and other smelly locations as a surface cleanser

60206797	27 mL spray	
\$11.00 retail	\$8.25 wholesale	5 PV





dōTERRA® Deodorant

dōTERRA Deodorant is a naturally-based formula infused with Cypress, Tea Tree, Cedarwood, and Bergamot essential oils to create an effective odor-fighting product for both men and women. These powerful essential oils inhibit underarm odor while leaving a fresh, clean scent. Known for their protective and skin-nourishing properties, beeswax and coconut oil make this unique formula glide on easily for a smooth application. Shea butter hydrates skin and absorbs quickly, contributing to the product's non-greasy, light feel. dōTERRA Deodorant is a safe, naturally-based option for preventing odor throughout the day.

- Cypress, Tea Tree, Cedarwood, and Bergamot (FCF) essential oils provide purifying benefits, helping reduce underarm odor
- Beeswax provides a protective barrier while allowing skin to breathe and contributes to the product's smooth application
- Coconut oil contains fatty acids, known for their nourishing properties and ability to keep skin smooth and healthy-looking

37421713	50 g tube
\$14.67 retail	\$11.00 wholesale 5.5 PV



Fractionated Coconut Oil

Combine dōTERRA Fractionated Coconut Oil with your favorite dōTERRA essential oils for your own readily-absorbable blend.

- Feather-light emollient provides a soothing barrier
- Ideal for combining with essential oils for topical application
- Completely soluble with all essential oils; odorless, colorless, and non-staining



31641713	115 mL bottle
\$20.67 retail	\$15.50 wholesale 13 PV

Quick and Effective CORRECT-X®

Frankincense, Helichrysm, Tea Tree, Cedarwood, and Lavender—all CPTG® essential oils—form the base of dōTERRA Correct-X. This multi-purpose, naturally-derived ointment helps soothe the skin and keep it clean. Correct-X provides a moisture barrier while simultaneously soothing and hydrating the skin. This petroleum free ointment absorbs quickly and is gentle and non-irritating, making it ideal for sensitive skin.



Correct-X® ESSENTIAL OIL OINTMENT

Correct-X is a topical ointment using powerful CPTG® essential oils that assist in soothing skin.

- Helps soothe while simultaneously hydrating
- Absorbs quickly and is gentle and non-irritating, making it ideal for sensitive skin
- Soothes the skin

60111713	15 mL
\$20.67 retail	\$15.50 wholesale 10.5 PV



Tea Tree



dōTERRA BABY®

dōTERRA Baby products are a safe, effective, way to care for your baby from piggy tails to tiny, wiggly toes. Our products have been clinically tested and formulated with your baby in mind.



dōTERRA Baby Diaper Rash Cream (NHP) New!

Safe and effective, dōTERRA Baby Diaper Rash Cream spreads easily on delicate baby skin to help treat and prevent diaper rash. Infused with CPTG® Lavender, Carrot Seed, and Tea Tree essential oils, this unique blend helps balance and soothe the skin while rich muyao shea butter works to moisturize, leaving skin soft and smooth. Non-nano zinc oxide creates a barrier to protect from excess moisture, preventing diaper rash before it starts. Protect little ones with this gentle cream designed just for sensitive baby skin.

- Protects delicate baby skin from excess moisture with a barrier created by non-nano zinc
- Supports baby's soft skin with the unique fatty acid profile of raw East African muyao shea butter
- Balances and soothes the skin with a blend of Lavender, Carrot Seed, and Tea Tree CPTG essential oils
- Carefully designed for sensitive baby skin

60203052	60 g	NPN 80078640
\$14.67 retail	\$11.00 wholesale	5.5 PV



dōTERRA Baby Hair & Body Wash New!

dōTERRA Baby Hair & Body Wash is a safe, effective, naturally sourced way to cleanse baby from piggy tails to tiny, wiggly piggy toes. This foaming tear-free wash combines simple, gentle ingredients that nourish and moisturize even after rinsing off. A blend of vanilla extract with CPTG® Lavender and Roman Chamomile essential oils provides a soothing aroma that will leave babies, toddlers, and even big kids with that light, newborn scent. Designed with a convenient, easy-to-use pump, dōTERRA Baby Hair & Body Wash makes bath time effortless and simple, with more time to focus on splashing and splashing.

- Creates a calming aroma with a blend of vanilla extract and CPTG Lavender and Roman Chamomile essential oils
- Supports baby's soft skin with the unique fatty acid profile of raw East African muyao shea butter
- Cleanses baby's skin with simple, naturally sourced ingredients
- Gentle, tear-free formula

60203050	295 mL	
\$22.33 retail	\$16.75 wholesale	10.5 PV



Keep your skin looking radiant with dōTERRA® ESSENTIAL SKIN CARE

dōTERRA® Essential Skin Care is a family of skin care products designed to keep your skin feeling and looking young, healthy, and gorgeous by maximizing the power of carefully selected CPTG Certified Pure Tested Grade® essential oils combined with cutting-edge ingredient technologies and naturally-sourced extracts in each product. Target and prevent future, visible, signs of aging with dōTERRA® Essential Skin Care.



Essential Skin Care System

Includes Facial Cleanser, Invigorating Scrub, Pore Reducing Toner, Tightening Serum, Brightening Gel, Eye Cream, Moisturizer, and Hydrating Cream.

60206177		
\$357.67 retail	\$268.25 wholesale	214.5 PV

dōTERRA® Facial Cleanser

dōTERRA Facial Cleanser utilizes CPTG® essential oils of Tea Tree and Peppermint to gently cleanse, lifting away impurities and leaving your skin feeling clean, fresh, and flawless!

- Macadamia nut oil conditions the skin
- Proprietary vitamin blend supports overall healthy-looking skin

60203376	118 mL	
\$28.33 retail	\$21.25 wholesale	17.5 PV

dōTERRA Invigorating Scrub

Energize your skin while exfoliating and polishing using dōTERRA Invigorating Scrub. Grapefruit and Peppermint CPTG® essential oils make exfoliating a refreshing aromatic experience while leaving skin soft and smooth.

- Tiny jojoba beads first exfoliate and then dissolve to provide unique moisturizing experience
- Contains a polyphenol-rich, brown and red algae extracts to promote a reduction in the appearance of brown (age) spots, resulting in a more even skin tone and clarity

60203373	70 g	
\$30.67 retail	\$23.00 wholesale	19 PV

dōTERRA Pore Reducing Toner

Formulated to visibly reduce the appearance of pores, dōTERRA® Pore Reducing Toner contains CPTG Certified Pure Tested Grade® essential oils of Lavender, Ylang Ylang, and German Chamomile to calm sensitive skin, while innovative plant extracts increase skin hydration and support a healthy-looking epidermis.

- Soothes dry skin
- Tones and balances the skin while visibly reducing the appearance of pores

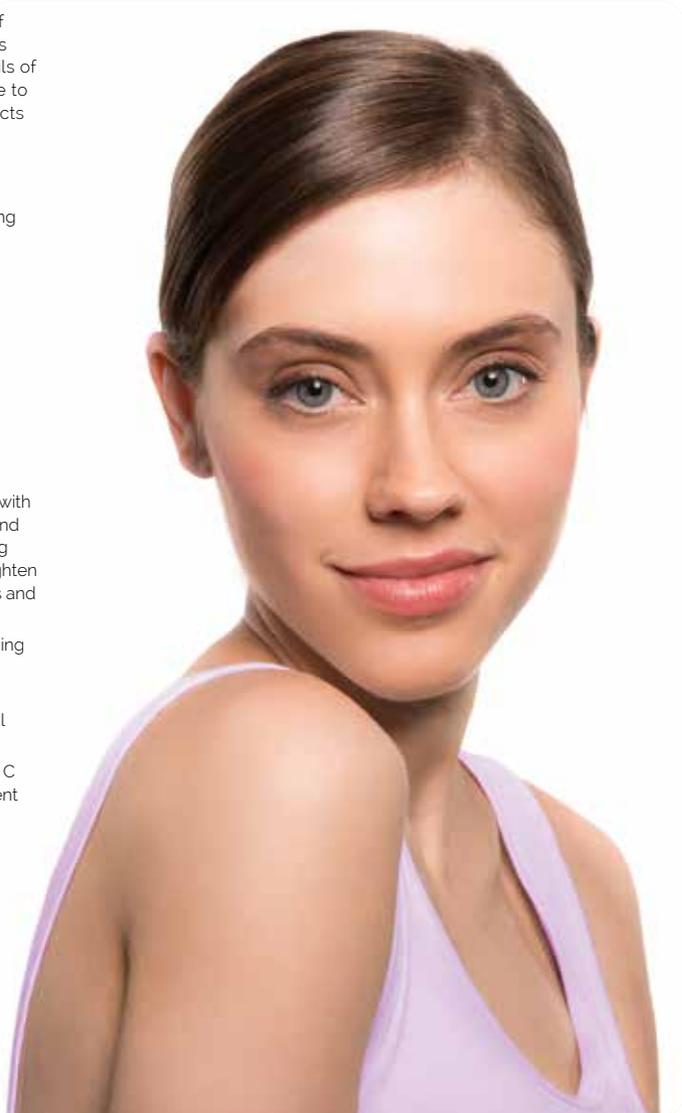
60203356	118 mL	
\$36.00 retail	\$27.00 wholesale	22.5 PV

Brightening Gel

Naturally sourced extracts, vitamins, and cutting-edge ingredient technologies combine with CPTG® essential oils of Bergamot, Juniper Berry, and Melissa to brighten and even skin tone. Brightening Gel is a gentle and effective way to noticeably brighten the skin by reducing the appearance of dark spots and hyperpigmentation.

- Daisy extract is a naturally sourced skin-brightening agent that acts by promoting even skin tone and reducing the appearance of dark spots
- Vitamin C helps to keep the skin looking youthful while providing skin-brightening benefits
- Microencapsulation technology protects vitamin C from breakdown ensuring the stability and efficient delivery of the vitamin to the skin

60203375	30 mL	
\$59.00 retail	\$44.25 wholesale	36.5 PV





dōTERRA® Tightening Serum

Helps tighten and smooth the appearance of skin for a luminous complexion. dōTERRA Tightening Serum puts the power of essential oils to work and makes your skin look and feel younger.

- Contains rhizobium, acacia gum, and proprietary oat extracts, which provide immediate "lifting" effects
- Biomimetic peptides helps reduce the appearance of age spots, resulting in an even complexion

60203354	30 mL
\$84.67 retail	\$63.50 wholesale 52.5 PV

dōTERRA Anti-Aging Moisturizer

dōTERRA Anti-Aging Moisturizer targets the visible signs of aging, helping to reduce the appearance of fine lines and wrinkles with the CPTG® essential oils of Lavender, Jasmine, Geranium, and Frankincense.

- Contains ingredients that promote the look of skin rejuvenation
- Contains an extract of dormant Summer Snowflake Flower bulbs to promote a more even skin tone

60203371	50 mL
\$59.00 retail	\$44.25 wholesale 36.5 PV

Hydrating Cream

dōTERRA Hydrating Cream enriches skin with its unique moisturizing and hydrating properties while assisting the components of the skin in their regeneration process.

- Reduces the signs of dryness and aging
- Targets the visible signs of aging where they start, helping to reduce the appearance of fine lines and wrinkles by providing intense hydration to the skin

60203359	48 g
\$61.67 retail	\$46.25 wholesale 38 PV

Eye Cream

dōTERRA Anti-Aging Eye Cream combines clinically proven ingredients with CPTG® essential oils of Frankincense, Ylang Ylang, and Blue Tansy to target the signs of aging around the delicate eye area, helping reduce the appearance of fine lines and wrinkles over time. This innovative formula moisturizes, decreases the appearance of dark circles, and improves skin firmness and tone.

- Clinically tested
- Meadowfoam seed oil provides deep moisture
- Biopolymers made from Pullulan and Red Algae Extract provide a noticeable tightening and lifting effect from the first use

60203357	15 mL
\$77.00 retail	\$57.75 wholesale 47.5 PV



Geranium

dōTERRA[®]
VERÁGE[®]

dōTERRA Veráge[®] is an exclusive collection of skin care products that nourish your skin, helping to reduce the visible signs of aging while also promoting smooth, supple skin. The advanced plant technology used in Veráge promotes an optimal balance—the same balance found in healthy, youthful-looking skin. Each product contains true gifts from the Earth—nourishing plant extracts, pure and potent essential oils, and select ingredients. The Veráge[®] Skin Care Collection delivers benefits your skin will love.



Veráge® Cleanser

Healthy-looking, smooth skin begins with Veráge Cleanser. This naturally-based gel cleanser purifies skin for a fresh, youthful-looking complexion.

- Infused with CPTG® essential oils of Wild Orange, Tea Tree, and Basil to gently cleanse and lift away impurities
- Invigorates and cleanses skin while emollients nourish and hydrate

37381713	60 mL	
\$42.67 retail	\$32.00 wholesale	26.5 PV

Veráge® Immortelle Hydrating Serum

Experience the age-defying effects of Veráge Immortelle Hydrating Serum. This powerful formula combines CPTG® essential oils with plant extracts for smoother, more youthful-looking skin.

- Utilizes the CPTG essential oils found in the popular Immortelle® blend for radiant skin
- Provides balance for smoother, more youthful-looking skin

37401713	15 mL	
\$111.00 retail	\$83.25 wholesale	69 PV

Veráge® Skin Care Collection

A collection that brings together Veráge Cleanser, Toner, Immortelle Hydrating Serum, and Moisturizer for beautiful, healthy-looking skin.

42691713		
\$144.00 retail	\$108.00 wholesale	73.5 PV

Veráge® Toner

Veráge Toner combines CPTG® essential oils with nourishing plant extracts to promote the appearance of tightened, toned, and smooth skin — anytime, anywhere. This hydrating toner fortifies and refreshes the skin while invigorating the senses for an energizing boost and a glowing complexion.

- CPTG essential oils of Ylang Ylang, Palmarosa, Cypress, and Coriander tone and balance skin
- Nourishing plant extracts provide targeted moisture and toning to help skin look its best

37391713	50 mL	
\$37.67 retail	\$28.25 wholesale	23.5 PV

Veráge® Moisturizer

Veráge Moisturizer combines CPTG® essential oils with plant extracts for hydration and skin nourishment. This light, non-greasy moisturizer absorbs quickly but hydrates deeply, helping to reduce the appearance of fine lines and wrinkles for a smooth, even complexion.

- Formulated with CPTG essential oils of Juniper Berry, Jasmine, Sea Buckthorn Berry, and Geranium — all known to revitalize the skin
- Uses ingredients to hydrate skin, helping to reduce the appearance of fine lines and wrinkles

37411713	30 mL	
\$48.00 retail	\$36.00 wholesale	30 PV



Clear, smooth skin

STARTS WITH HD CLEAN®

HD Clean is a line of highly effective products that address problem skin at its core. This three-step system works synergistically to purge skin of impurities; promote a smooth, clean complexion. Included in each formula are CPTG® essential oils along with specialized plant extracts proven to improve skin texture and appearance. Using HD Clean every day will result in a smooth, healthy-looking complexion.

HD Clean® Facial Collection

This collection contains HD Clean® Foaming Face Wash, Topical Blend, and Facial Lotion for a beautifully balanced complexion.

60200752

\$80.33 retail	\$60.25 wholesale	43.5 PV
----------------	-------------------	---------

HD Clean® Foaming Face Wash

Discover the perfect solution for problem skin of all ages with the HD Clean Foaming Face Wash.

- Designed to thoroughly cleanse without stripping away moisture
- Contains CPTG® essential oils and plant extracts that will leave your skin extra clean and soft

49421713 | 50 mL

\$37.67 retail	\$28.25 wholesale	23.5 PV
----------------	-------------------	---------

HD Clean®

ESSENTIAL OIL BLEND

The ultimate blend for troubled skin, HD Clean is made with skin-benefiting essential oils that will help keep the skin looking and feeling smooth, clean, and healthy.

COSMETIC USES:

- Implement in facial routine to help keep skin clean
- Combine with nighttime moisturizer for optimal hydration
- Use as part of skin care routine to promote a glowing complexion



60201145 | 10 mL roll-on

\$36.00 retail	\$27.00 wholesale	22.5 PV
----------------	-------------------	---------



HD Clean® Facial Lotion

Enjoy a beautiful, smooth complexion with HD Clean Facial Lotion. This lotion contains emollients to promote moisture in the skin for a balanced complexion as well as CPTG® essential oils combined with botanical extracts known to assist in achieving clean and healthy-looking skin.

- Features a unique blend of black cumin seed oil as well as CPTG essential oils of Ho Wood, Tea Tree, Eucalyptus, Geranium, and Litsea
- Promotes smooth complexion
- Soothes dry skin

49411713 | 50 mL

\$58.00 retail	\$43.50 wholesale	36 PV
----------------	-------------------	-------



Beautiful, shiny hair with dōTERRA

SALON ESSENTIALS® HAIR CARE

dōTERRA Salon Essentials® Hair Care products are inspired by the concept that extremely pure botanical extracts combined with the most advanced technological ingredients will provide unparalleled hair care benefits that optimize beautiful hair and a healthy-looking scalp. Carefully selected CPTG® essential oils deliver targeted benefits in all four products. Protecting Shampoo, Smoothing Conditioner, Salon Essentials Root to Tip Serum®, and Salon Essentials Healthy Hold Glaze® work collectively or individually to promote healthy, soft, and beautifully shiny hair.



Salon Essentials® Protecting Shampoo

Enjoy the professional formulation of CPTG® essential oils, gentle cleansers, and botanical extracts in Salon Essentials Protecting Shampoo.

- Gently removes impurities collected on the hair and scalp
- Lightly moisturizes hair, leaving it salon soft and touchable

36221713	250 mL	
\$33.33 retail	\$25.00 wholesale	20.5 PV
60203210	947 mL	
\$77.00 retail	\$57.75 wholesale	37 PV

Salon Essentials® Smoothing Conditioner

Give your hair a smooth, finished look and protect it with the professional formula of Salon Essentials Smoothing Conditioner.

- Features conditioning emollients, botanical extracts, and naturally-sourced proteins
- Includes a proprietary blend of CPTG® essential oils for the hair and scalp
- Smoothes hair and provides an anti-static effect

36231713	250 mL	
\$39.33 retail	\$29.50 wholesale	24.5 PV
60203212	947 mL	
\$85.67 retail	\$64.25 wholesale	42.5 PV

Salon Essentials® Protecting Shampoo 2-Pack

60200743	2 bottles of 250 mL	
\$42.00 retail	\$31.50 wholesale	19.5 PV

Salon Essentials® Smoothing Conditioner 2-Pack

60200742	2 bottles of 250 mL	
\$48.00 retail	\$36.00 wholesale	23 PV

Salon Essentials® Protecting Shampoo and Smoothing Conditioner

60200741		
\$48.00 retail	\$36.00 wholesale	23 PV

Shampoo and Conditioner Samples 10-Pack New!

60206511	10 packs	
\$14.67 retail	\$11.00 wholesale	0 PV





Salon Essentials Healthy Hold Glaze®

Get the all-in-one benefits of a flexible hold, health, and shine for your hair with Salon Essentials Healthy Hold Glaze.

- Provides immediate conditioning, smoothing, and shine
- When hair is untamable, apply for a light hold and perfect, soft style
- Helps keep hair looking healthy even when exposed to sunlight and blow drying
- Heat activated conditioning

36271713	120 mL	
\$30.67 retail	\$23.00 wholesale	16 PV

Salon Essentials Root to Tip Serum®

The Root to Tip Serum provides a healthy environment for your scalp and maximizes the strength and shine of your hair.

- Infused with Lavender, Peppermint, Marjoram, Cedarwood, Lavandin, Rosemary, Niaouli, and Eucalyptus essential oils
- Provides extended protection and hydration to your scalp and hair

36211713	30 mL	
\$60.00 retail	\$45.00 wholesale	37 PV

Salon Essentials® Hair Care system

Combining pure botanical extracts with advanced technological ingredients makes the Salon Essentials Hair Care System the perfect solution for promoting soft and beautifully shiny hair. This includes: Salon Essentials Healthy Hold Glaze®, Salon Essentials Root to Tip Serum®, Salon Essentials® Protecting Shampoo, Salon Essentials® Smoothing Conditioner.

60200654		
\$132.33 retail	\$99.25 wholesale	74 PV



Lime

Pamper yourself with dōTERRA® SPA

dōTERRA SPA is a line of CPTG® essential oil-infused products that provide an aromatic and pampering at-home spa experience. Each product has been carefully formulated with naturally-sourced ingredients that leave your skin feeling soft, smooth, and fresh all day long.



dōTERRA® SPA Refreshing Body Wash

dōTERRA SPA Refreshing Body Wash is a naturally derived, oil-infused body wash that provides a rich cleansing and aromatic spa experience.

- Bergamot essential oil cleanses and soothes skin and provides an uplifting, yet grounding aroma
- Grapefruit is cleansing to the skin and has an energizing scent
- Sodium Methyl Oleoyl Taurate is a mild cleanser derived from essential fatty acids found in vegetable fats and oils

37461713	250 mL	
\$21.67 retail	\$16.25 wholesale	10.5 PV

dōTERRA® SPA Replenishing Body Butter

Pamper your skin with the rich hydration and luxurious feel of dōTERRA SPA Replenishing Body Butter. The base of this naturally derived formula combines shea and cocoa seed butters, known for their deep moisturization and ability to promote skin suppleness.

- Wild Orange essential oil is known for its cleansing benefits
- Douglas Fir essential oil is cleansing to the skin and provides uplifting aromatic benefits
- Frankincense essential oil helps rejuvenate the appearance of skin

60200796	198 g	
\$30.00 retail	\$22.50 wholesale	16 PV

dōTERRA SPA® Hydrating Body Mist

Show your skin a little extra love with the Hydrating Body Mist, perfect for your whole body! The aromatic benefits of our Beautiful essential oil blend and the nourishing properties of coconut, sunflower, avocado, and passion fruit combine in this hydrating mist to help improve overall appearance for healthy-looking and radiant skin. Mist over the entire body after bathing for an overall healthy-looking glow.

- Spritz over areas of skin that need an uplifting boost of long-lasting hydration.
- Rub into localized spots to promote an uplifting and energizing aroma.

60207704	125 mL
\$42.67 retail	\$32.00 wholesale 23.5 PV

dōTERRA® SPA Clarifying Mud Mask

The dōTERRA SPA Clarifying Mud Mask is a naturally derived clay mask that provides cleansing and clarifying benefits while reducing the appearance of pores, fine lines, and wrinkles.

- Infused with Myrrh, Juniper Berry, and Grapefruit essential oils—known for their cleansing and smoothing benefits
- Shea butter provides moisturization
- Malachite extract is rich in copper and provides clarifying benefits

37491713	113.4 g
\$24.67 retail	\$18.50 wholesale 12.5 PV

dōTERRA® SPA Exfoliating Body Scrub

dōTERRA SPA Exfoliating Body Scrub is a naturally-based, indulgent body scrub that gently exfoliates and polishes skin with sugar cane, leaving a healthy glow.

- Wild Orange and Grapefruit essential oils cleanse skin
- Ginger essential oil is soothing and warming to the skin
- Naturally-sourced sugar cane gently exfoliates skin

60200724	226 g
\$33.33 retail	\$25.00 wholesale 16 PV

dōTERRA® SPA Hand & Body Lotion

dōTERRA SPA Hand & Body Lotion is a fragrance-free lotion that smooths and softens skin while blending perfectly with essential oils for a customizable experience.

- Sunflower and macadamia seed oils are known for their moisturizing properties
- Non-greasy formula absorbs quickly leaving skin looking healthy, soft, and smooth

60200795	200 mL
\$24.67 retail	\$18.50 wholesale 15.5 PV

dōTERRA® SPA Hand & Body Lotion 3-Pack

60203471	3 packs
\$51.00 retail	\$38.25 wholesale 26.5 PV



dōTERRA® SPA Citrus Bliss® Hand Lotion

dōTERRA SPA Citrus Bliss Hand Lotion is a light and silky lotion that absorbs quickly while awakening the senses with the exclusive CPTG® Citrus Bliss essential oil blend.

- Enjoy Citrus Bliss essential oil blend's refreshing aroma
- Sunflower and macadamia seed oils are known for their moisturizing properties
- Convenient size, perfect for travel or for use while at home or work

60200730	75 mL
\$11.00 retail	\$8.25 wholesale 5 PV

dōTERRA Spa® Lip Balm

dōTERRA SPA Lip Balm is a formula containing plant oils, botanicals, and essential oils to hydrate and soothe lips while delivering the unique scent and taste of essential oils.

- Uplift your senses with Original Lip Balm containing Wild Orange and Peppermint essential oils
- Experience the scents of paradise with Tropical Lip Balm containing Ylang Ylang, Clementine, and Lime essential oils
- Invigorate the senses with Herbal Lip Balm containing Lemon Verbena, Marjoram, and Spearmint essential oils

Original

60200725	4.5 g
\$11.00 retail	\$8.25 wholesale 5 PV

Tropical

60200727	4.5 g
\$11.00 retail	\$8.25 wholesale 5 PV

Herbal

60200726	4.5 g
\$11.00 retail	\$8.25 wholesale 5 PV

Variety 3-Pack

60203481	3 packs
\$25.00 retail	\$18.75 wholesale 10 PV



Marjoram

dōTERRA SPA® Moisturizing Bath Bar

Moisturizing Bath Bar is a one-of-a-kind bar that provides a unique feel, lather, aroma, and cleansing experience.

- Bergamot essential oil cleanses and soothes skin
- Grapefruit is cleansing to the skin and has an energizing scent
- Jojoba seed oil deeply moisturizes

37451713	113 g	
\$11.67 retail	\$8.75 wholesale	5.5 PV

dōTERRA SPA® Luxury Kit

The dōTERRA SPA Luxury Kit includes dōTERRA SPA's most indulgent products. Clarifying Mud Mask, Exfoliating Body Scrub and Replenishing Body Butter make pampering yourself a relaxing, aromatic experience.

60206872		
\$71.33 retail	\$53.50 wholesale	33.5 PV

dōTERRA SPA® Basics Collection

The dōTERRA SPA Basics Collection makes pampering simple and easy. Enjoy the energizing scent of our Refreshing Body Wash, then moisturize with our light and silky Hand & Body Lotion.

60205085		
\$39.00 retail	\$29.25 wholesale	18 PV

Total dōTERRA SPA® Kit

Pamper yourself from head to toe with the Total dōTERRA SPA Kit. Enjoy everything in the dōTERRA SPA line with a great savings.

This collection contains: Moisturizing Bath Bar, Refreshing Body Wash, Exfoliating Body Scrub, Detoxifying Mud Mask, Replenishing Body Butter, Hand & Body Lotion, Citrus Bliss® Hand Lotion, Original Lip Balm, Tropical Lip Balm, Herbal Lip Balm

60206873		
\$158.33 retail	\$118.75 wholesale	71 PV





dōTERRA Healing Hands Foundation™ is committed to improving lives through partnering with organizations that offer hope to millions around the world. dōTERRA Healing Hands Foundation™ seeks to bring healing and hope to the world, for lives free of disease and poverty, and to ultimately empower impoverished communities with the tools needed to become self-reliant. dōTERRA provides all the overhead and administrative costs for dōTERRA Healing Hands Foundation™, ensuring that 100 percent of all donations go directly to those receiving aid.

For more information, please visit doterrahealinghands.org.



dōTERRA® SPA Rose Hand Lotion

dōTERRA® SPA Rose Hand Lotion is a light, alluring lotion with CPTG® Rose essential oil that promotes smooth, beautiful skin. This silky formula contains naturally-sourced moisturizers and humectants that leave hands soft, supple, and nourished. Known for its skin-beneficial properties, Rose essential oil enhances this lotion with the authentic and uplifting aroma of rose petals.

- Bulgarian Rose essential oil is known for its ability to promote smooth, glowing skin
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Non-greasy formula absorbs quickly leaving skin looking healthy, soft, and smooth

60200781	100 mL	
\$25.75 retail	\$25.75 wholesale	0 PV



dōTERRA Hope® Touch

dōTERRA Hope Touch is a distinct essential oil blend that combines the fresh scent of Bergamot with Ylang Ylang, Frankincense, and the sweet scent of Vanilla Bean Absolute. With each purchase of dōTERRA Hope Touch, the full purchase price (\$25.75) is donated to the dōTERRA Healing Hands Foundation™ which supports anti-child-trafficking efforts.

COSMETIC USES:

- Apply to wrists, neck, and pulse points for a personalized fragrance
- Keep in purse and apply throughout the day to uplift mood

HOUSEHOLD USES:

- Roll on a sachet and keep in drawers or closets to give clothes a fresh scent



60202235	10 mL roll-on	
\$25.75 retail	\$25.75 wholesale	0 PV

dōTERRA® *Specialized* SUPPLEMENTS

Biological, environmental, and physiological factors all contribute to each individual's nutritional health needs being unique. This means that some require an additional nutritional boost in different areas. Through cutting-edge scientific development, dōTERRA has provided a way to give that extra boost with specialized supplements.



dōTERRA Lifelong Vitality*® *Convenience Pack (NHP)

DIETARY SUPPLEMENTS INCLUDING ALPHA CRS+® MICROPLEX VMZ®, AND xEO MEGA®

- **xEO Mega**® NPN 80074456—Combining dōTERRA essential oils with natural marine- and plant-sourced omega 3 oils and carotenoids, this product helps support cardiovascular health, cognitive health, and brain function. xEO Mega also provides antioxidants that help fight, protect against, and reduce oxidative damage caused by free radicals.
- **Microplex VMz**™ NPN 80075879—This product lives up to a high-standard of vitamin and mineral supplementation as it provides bioavailable vitamins and minerals that may be lacking in most modern diets.
- **Alpha CRS+**® NPN 80082975—This product is formulated with natural botanical extracts to provide antioxidants that protect cells against oxidative damage from free radicals.

60202934

\$126.67 retail	\$95.00 wholesale	60 PV
-----------------	-------------------	-------



TriEase® Softgels (NHP) New!

SEASONAL BLEND

A unique, proprietary blend of Lemon, Lavender, and Peppermint essential oils, Triease is the ideal companion to carry with you for support while traveling or staying home through every season.

- Take 1 softgel per day

49311813	60 vegetarian softgels	NPN 80079883
\$39.33 retail	\$29.50 wholesale	21 PV



Veggie Caps

Made of inert vegetable ingredients, the Veggie Caps help you customize your daily wellness routine in a simple and convenient way. These HPMC food-grade capsules allow you to take dōTERRA Natural Health Products approved for internal use.

- Free of preservatives, gelatin, wheat, sugar, starch, dairy, and animal products
- Made of inert vegetable ingredients that do not interfere with digestion
- Includes 160 HPMC capsules

60204616	160 vegetarian capsules	
\$7.00 retail	\$5.25 wholesale	0 PV



TerraZyme® (NHP)

DIGESTIVE ENZYME COMPLEX

TerraZyme is an exclusive blend of digestive enzymes. The powerful combination of digestive enzymes found in TerraZyme helps digest proteins. It also helps prevent gastrointestinal intolerance of oligosaccharides and fermentable carbohydrates.

- Helps digest proteins
- Helps reduce gas production/flatulence following a meal rich in fermentable carbohydrates (such as vegetables, pulses, legumes, beans, and whole grains)
- Helps prevent gastrointestinal intolerance of oligosaccharides and fermentable carbohydrates

35111813	90 capsules	NPN 80077027
\$64.00 retail	\$48.00 wholesale	39.5 PV





dōTERRA®

CPTG Certified Pure Tested Grade®

© 2019 dōTERRA Holdings, LLC, 389 South 1300 West, Pleasant Grove, UT 84062 USA • doterra.com/CA/en

Prices are subject to change without notice.

Except as indicated, all words with trademark or registered trademark symbols are trademark or registered trademarks of dōTERRA Holdings, LLC.
Canada Product Guide - English



v1 Made in USA 60211377

